

# Resolution

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CENTRAL UNIFIED SCHOOL DISTRICT  
FRESNO, CALIFORNIA

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RESOLUTION NUMBER 25/26-45

*Recognizing*

## ***FINANCIAL LITERACY***

*APRIL 2026*

**Whereas**, mental health challenges among students and families have a growing prevalence and can significantly affect students' ability to learn, remain motivated, attend school regularly, and achieve academic success; and

**Whereas**, according to the report *The State of Mental Health in America*, California ranks 17th overall in mental health outcomes, reflecting ongoing challenges in access to care and prevention; and

**Whereas**, one in five youth had a major depressive episode in 2024; and

**Whereas**, approximately 62.4% of young people who experienced a major depressive episode did not receive mental health services, underscoring gaps in early intervention and support; and

**Whereas**, financial stress experienced by students and families—including housing instability, medical expenses, debt, and income volatility—can negatively impact academic performance, attendance, behavior, and overall student well-being; and

**Whereas**, financial barriers and the high cost of care continue to limit access to mental health services for many families, contributing to unmet student mental health needs; and

**Whereas**, it has been reported that approximately 30% of individuals seeking mental health services also experience concurrent financial challenges, further compounding stress within households; and

**Whereas**, financial stability is a recognized social determinant of health that directly influences student mental health, family stability, and educational outcomes; and

**Whereas**, individuals and families with limited financial literacy are more likely to experience financial insecurity, missed medical care, and prolonged stress that can adversely affect students; and

**Whereas**, financial trauma and financial instability can exacerbate mental health challenges and create barriers to consistent engagement with school and support services; and

**Whereas,** financial literacy education has been shown to improve budgeting, credit management, access to benefits, and financial decision-making, thereby reducing financial stress and supporting student and family well-being; and

**Whereas,** improving financial literacy and financial counseling represents a preventive, upstream approach that supports student mental health, strengthens family resilience, and promotes long-term educational and economic success;

**NOW, THEREFORE, BE IT RESOLVED,** that Central Unified School District does hereby adopt Resolution #25/26-44 proclaiming April, 2026 as financial literacy month and a critical component of student mental health, academic success, college and career readiness, and long-term economic stability; and

Be it further resolved, that the Board supports efforts to expand age-appropriate financial literacy education for students and families through partnerships with community-based organizations, institutions of higher education, and other stakeholders; and

Be it further resolved, that the Board encourages the integration of financial education into student support services, counseling and wellness programs, family engagement initiatives, and college and career readiness efforts where feasible; and

Be it further resolved, that the Board encourages collaboration among educators, counselors, administrators, and community partners to advance financial literacy as part of a holistic approach to student well-being; and

Be it further resolved, that the Board recognizes April as Financial Literacy Month and encourages schools to promote financial education activities that support students' mental and financial well-being.

Approved this 24th day of March, 2026.

Ayes:

Noes:

Abstention

Absent:



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Yesenia Z. Carrillo  
President, Board of Trustees

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Mark E. Marshall, Ed. D.  
Superintendent