

# SRCS Athletic Programs Offered (Grades 7-12)

## 2025/2026 Statistics:

	25/26 SRCS Totals	
	Male	Female
Middle School	419	491
High School	1570	1149
<b>Sub-Total</b>	1989	1640
<b>Grand Total</b>		3629

### High School

#### Fall (Aug. - Oct.)

JV and Varsity Football  
 JV and Varsity Boys' Cross Country  
 JV and Varsity Girls' Cross Country  
 JV and Varsity Volleyball  
 Girls' Tennis  
 Girls' golf  
 Varsity Girls Flag Football

#### Winter (Nov.- Feb.)

Freshman, JV and Varsity Boys' Basketball  
 Freshman, JV and Varsity Girls' Basketball  
 Wrestling  
 JV and Varsity Boys' Soccer  
 JV and Varsity Girls' Soccer

#### Spring (Feb. - May)

JV and Varsity Baseball  
 JV and Varsity Softball  
 JV and Varsity Boys' Swim/Dive  
 JV and Varsity Girls' Swim/Dive  
 JV and Varsity Boys' Track/Field  
 JV and Varsity Girls' Track/Field  
 Boys' Golf  
 Boys' Tennis  
 Badminton (Co-Ed)

### Junior High

#### Fall (Aug. - Oct.)

7th & 8th Grade Girls Basketball  
 7th & 8th Grade Cross Country (Co-Ed)

#### Winter (Oct. - March) Spring (March - May)

7th & 8th Grade Boys Basketball  
 7th & 8th Grade Girls Volleyball  
 7th & 8th Grade Wrestling (Co-Ed)  
 7th & 8th Grade Track & Field (Co-Ed)

### Priorities/Considerations

1. Student athlete preferences take priority over coach/adult preferences.
2. Junior high programs at 7-12 sites will have priority of main gym use on game days and will be able to have some practice time that does not involve traveling to old middle school site.
3. In-season teams and programs have priority over open gyms and activities not in-season.
4. Consistent schedule of no more than 2 hours of practice time for high school level programs and up to 1.5 hours for junior high. Practice time can include weight room and film study sessions.

### Advocacy for alternative site options for Middle School Sports

- Middle school sports need immediate after-school access to facilities, but gyms are currently occupied by high school PE classes, which are required for graduation.
- Middle school teams require access to enclosed practice spaces and stored equipment, especially since there is no available storage space at the high school.

- Custodial costs should not be a major concern, as custodians assigned to closed sites spend minimal time there and are often reassigned to active campuses as substitutes.
- Limited gym availability, combined with numerous high school games, does not provide enough practice time for middle school teams.
- Storage for middle school wrestling mats and volleyball equipment is a significant challenge due to lack of space.
- Even when limited access to the small gym is available, the space is inadequate for effective practices.
- Late-night practices on school nights create additional challenges for student-athletes and families.
- Altogether, these facility and scheduling issues could discourage students from participating in athletics and may lead families to enroll students at other schools with better sports opportunities.
- Site Specific Example:
  - Comstock/Piner: winter sports needing gym space:
    - MS- volleyball, boys basketball (7th and 8th grade), wrestling.
    - HS- basketball (at least 4 different basketball teams), wrestling.
      - On any given game day, the sport with a game occupies the main gym, leaving the Piner small gym for all other sports to practice. If we have the Comstock gym available, that gives us one more space for a team to run a quality practice at a reasonable time (not late at night)

### **Advocacy for alternative site options for High School Sports**

- Sharing facilities with middle school programs compromises the quality of high school athletics by reducing available practice time, practice space, and preseason preparation opportunities.
- Practice schedules for high school teams would be significantly shortened, making it difficult to conduct effective training sessions.
- Even with limited access to the small gym, the space is inadequate to support quality practices for multiple teams.
- Late practice times on school nights create challenges for students' academics, rest, and family schedules.
- These ongoing facility and scheduling limitations could drive students to enroll at other schools with stronger athletic opportunities.
- The multi-purpose room (MPR) is not a viable alternative because it is regularly used for school and district meetings, as well as by other departments.
- Before-school practices are not feasible due to high school zero-period classes and middle school PE schedules.
- Winter sports seasons are especially difficult to accommodate, with far less scheduling flexibility than fall or spring seasons.
- Off-season programs are also negatively impacted, limiting athlete development and reducing overall team competitiveness, which can contribute to declining student enrollment as athletes transfer to schools such as Windsor or Newman for stronger athletic programs.

- Schools such as Montgomery High School and Santa Rosa High School already operate with only one competition gym available for games, further limiting scheduling flexibility.
- Site Specific Example:  
Comstock/Piner: On middle school game days at Piner, high school students can commute to Comstock for their practice (because most of them drive or can get rides)

### **Challenges to alternative sites for sports programs**

- Middle school sports programs aren't provided with the same priority level
- Costs associated with renting space or maintaining existing facilities (ie: gyms on closed sites)
- Supervision of students at alternative sites
- Coordination of transportation: specifically, the travel of jr. high student athletes right after school ends to the practice site
- Safety protocols/procedures and Athletic Trainer care of student athletes practicing at alternative locations
- Security and access to the alternative sites
- Custodial staff levels and the ability to keep up with the demand for use of alternative sites

### **Some ideas for solutions**

- Increase custodian staffing levels to maintain facility use
- Some sites have developed schedules for the Winter season that can work, but need some help from District with facility upgrades to improve the spaces for athletic use
  - Some possible upgrades may include new gym spaces, renovation of MPR spaces for athletic use, divider nets installed in gyms that can accommodate, wrestling mat storage systems installed in ceilings of practice/competition space.
  - Some of these are currently being completed and others are for consideration
- Athletic Directors are working with Administrators to identify supervision logistics and coordinate facility access, but within job descriptions and personnel availability.
- One or more sites have expressed that they can make the current facility options at the high school work, but it is a squeeze.
- SRJC and other local spaces could be used, but there are costs associated with their facility rentals.
- If one of our gym spaces at a closed site was identified as the shared space for all sites, that could cut down on the number of facilities being used.
  - Schedules would need to be created and custodian staffing would need to increase in order to maintain facilities
- The range of dates for this type of facility is between October - early March. The other months have more flexibility with the timing of the athletic schedules.
- Game schedules can be altered to help organize game days and practices to work around facility needs, but leagues dictate most of the schedules and availability of officials may not allow games to be rescheduled.