



SCOPE AND SEQUENCE

Bullying Prevention Unit for Kindergarten–Grade 5

Kindergarten–Grade 3

	Concepts	Objectives—Students will be able to
Introductory Lesson Class Rules	Rules help everyone feel safe and respected	Identify safe and respectful actions and words that help them follow the class rules Connect following class rules with helping everyone feel the way they want to feel in class (Grade 3 only)
Lesson 1 Recognizing Bullying	Bullying is mean or hurtful behavior that keeps happening Bullying is not safe, respectful, or kind, and it is against the rules Recognizing bullying is the first step in getting it to stop	Identify bullying Recognize bullying in response to scenarios
Lesson 2 Reporting Bullying	When you haven't been able to get mean behaviors to stop, you should tell a caring adult If you practice reporting bullying, it's easier to report bullying when it really happens Reporting is an assertive behavior (Grade 3 only)	Identify caring adults to talk to about bullying or mean behaviors Differentiate between tattling and reporting Demonstrate how to report bullying
Lesson 3 Refusing Bullying	You can refuse to let bullying happen to you or to others Being assertive helps when you're refusing bullying	Recognize bullying Apply assertiveness skills to refuse bullying in response to scenarios
Lesson 4 Bystander Power	Bystanders are people who see or know about bullying happening to others There are things bystanders can do to help stop bullying Bystanders can also refuse to let bullying happen (Grade 3 only)	Define "bystander" Demonstrate ways that bystanders can help stop bullying in response to scenarios

Grades 4–5

	Concepts	Objectives—Students will be able to
Introductory Lesson Class Rules	Being a respectful student helps everyone stay safe and be better learners Being a responsible student helps create a calm, focused classroom climate where everyone can learn	Identify actions and words that are respectful and responsible Demonstrate ways to be respectful and responsible
Lesson 1 Recognize, Report, Refuse	Bullying is mean or hurtful behavior that keeps happening; it is unfair and one-sided Adult intervention is often required to end bullying effectively Refusing bullying means to use words or actions to stop bullying Being assertive is one way to refuse or stop bullying	Understand that bullying is different from conflict Recognize and identify different types of bullying behaviors Understand you can refuse bullying in different ways Demonstrate assertively reporting and refusing bullying
Lesson 2 Bystander Power	Bystanders are people who see or know about bullying happening to others Witnessing bullying can trigger uncomfortable feelings There are many ways bystanders can help stop bullying	Define bystander Identify ways bystanders can help stop bullying Identify different ways bystanders can support someone being bullied
Lesson 3 Bystander Responsibility	Bystanders have a responsibility to help stop bullying Bystanders can choose to either help stop bullying or become part of the bullying problem	Understand how bystanders can be part of the bullying problem Understand that helping stop bullying is the right thing to do Decide on and practice positive bystander responses to bullying
Lesson 4 Bystanders to Cyber Bullying	Cyber bullying is bullying using electronic technology There are similarities and differences between cyber bullying and other forms of bullying Bystanders can do things to help stop cyber bullying	Recognize and identify different ways of cyber bullying Understand that cyber bullying can be even more harmful than other types of bullying Demonstrate ways to support and/or stand up for a person being cyber bullied