

Board Policy EEE: Wellness Program

Status: ADOPTED

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The Board of Public Education for Bibb County ("Board") is committed to student wellness as a vital component of the Bibb County School District's ("District") educational program. To that end, the Board directs and authorizes the Superintendent to implement any regulations as may be necessary to establish a comprehensive school wellness program in compliance with federal, state, and local laws and regulations, to include the Women, Infant, and Children (WIC) Reauthorization Act of 2010, the Healthy, Hunger-Free Kids Act of 2010, and State Board of Education Rule 160-5-6-.01, Statewide School Nutrition Program.

This policy outlines the District's approach to ensuring environments and opportunities for all students to practice healthy eating and physical activity throughout the school day. Specifically, this policy establishes goals and procedures to ensure that:

1. Students have access to healthy foods throughout the school day – both through reimbursable school meals and other foods available throughout the school campus – in accordance with federal and state nutrition standards;
2. Students receive quality nutrition education that helps them develop lifelong healthy eating behaviors;
3. Students have opportunities to be physically active before, during and after school throughout the school year;
4. Schools engage in nutrition and physical activity promotion and other activities that promote student wellness;
5. School staff are encouraged and supported to practice healthy eating, good nutrition and physical activity behaviors in and out of school;
6. The District is committed to participating in the "Farm to School" program to include procurement of locally grown foods for school meals, supporting edible school gardens and nutrition education as it relates to locally grown foods and encouraging learning opportunities through the District's Career, Technical and Agricultural Education ("CTAE") program;
7. The community is engaged in supporting the District's work in creating continuity between school and other settings for students and staff to practice lifelong healthy habits; and
8. The District establishes and maintains an infrastructure for management, oversight, implementation, communication, and monitoring of its established goals and objectives.

This policy and corresponding regulations apply to all District students, staff, and schools.

The Superintendent may designate one or more school officials to ensure that each school complies with this policy and corresponding regulations.
