



# Co-curricular and Athletics Subcommittee

## Reopening 2020-2021

**WCPSS Board Presentation**

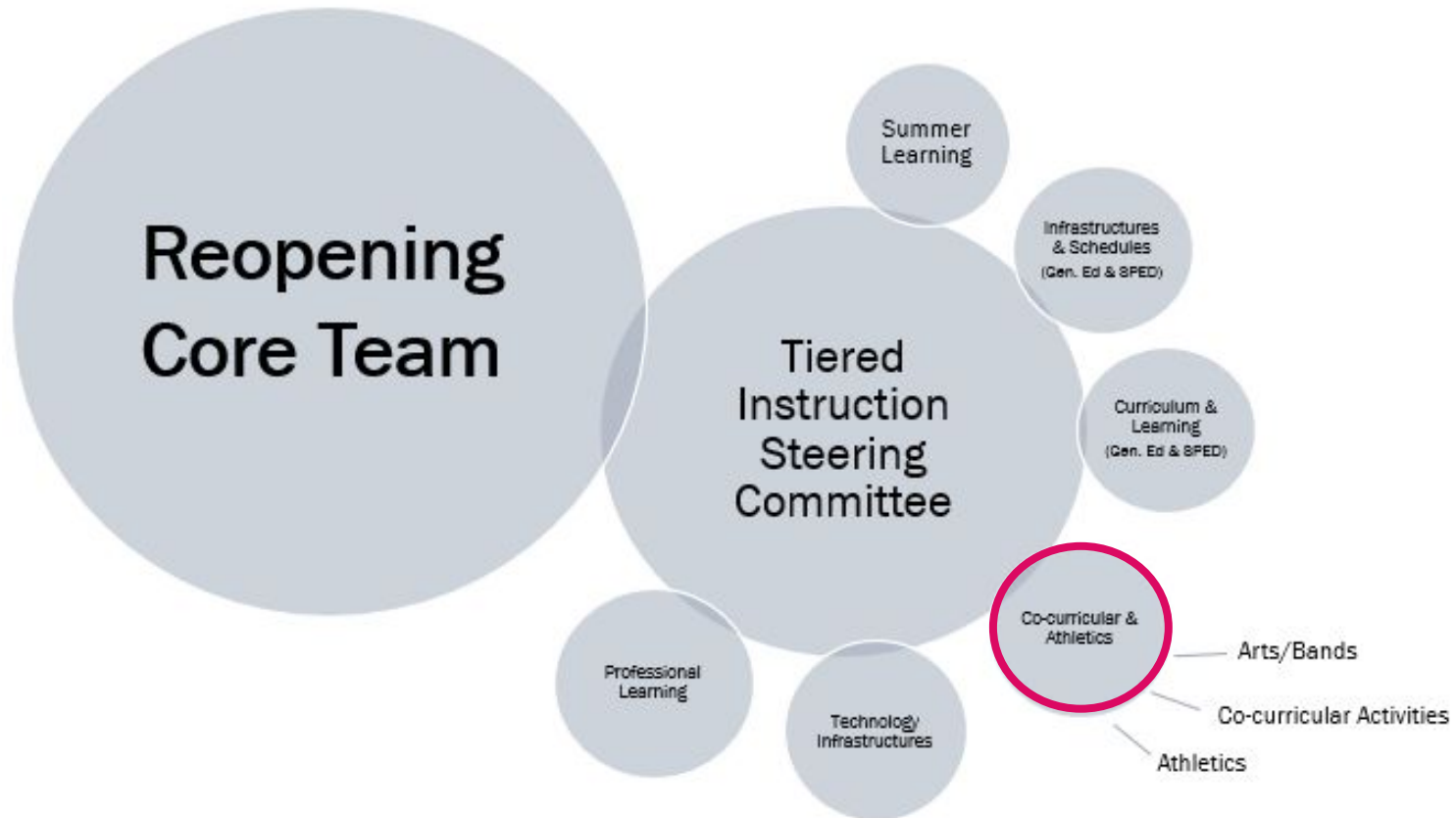
September 15, 2020

# Co-curricular & Athletics Subcommittee: Scope of Work

## Desired Outcomes for the Subcommittee:

- A communication plan to inform all stakeholders that are impacted by co-curricular and athletic activity decisions and processes. (i.e, Principals, Athletic Directors, Art Directors, Community, etc.)
- A cohesive plan and guidance document(s) that outline protocols for safely implementing co-curricular activities (i.e, arts, clubs, etc.) that align to the state and district guidelines.
- A cohesive plan and guidance document(s) that outline protocols for safely implementing athletic activities that align to the state and district guidelines.

# Who is doing this work at the district level?



# Co-curricular & Athletics Subcommittee: Examples of Guidance

- Communication sent to families in [June](#) and [July](#) to update them on the indefinite suspension of Athletics after news conferences and updates by Governor Cooper.
- Guidance shared in [August](#) with school-based leaders about Co-curricular Activities and Student Government Elections for schools while we're still in Virtual Teaching and Learning settings.
- Information shared with families in [August](#) about the suspension of Band Competitions for the Fall Season.

# Athletics Small Group: Examples of Guidance

- High School Athletics has a governing Board, the NC High School Athletic Association that provides guidance and schedules for LEA's to follow.
- The Athletics small group made a recommendation to the full subcommittee that has been supported by WCPSS Senior Leadership.
- Middle School Athletics are also discussed with this group.



# NCHSAA Skill Development Guidelines

- [NCHSAA Skill Development Guidelines](#)
- Protecting the safety and health of all student athletes and coaches is the primary guiding principal.
- It is essential to the physical, emotional and mental well being of students to return to physical activity in as safe a manner as possible.



# NCHSAA Skill Development Guidelines

## Pre-Workout Monitoring

- Coaches and athletes screened daily
- 100.4 F or higher temp or reporting signs/symptoms must not participate
- Screening questions answered by all prior to participation
- Coaches or designee responsible for collection of data from screenings
- Individuals with positive screenings must provide a note from a HCP upon return

## Exposure

- Person on a team tests positive for COVID 19, all members of the pod who had close contact should:
  - Quarantine for 14 days from exposure Check temperature twice a day and watch for symptoms

# NCHSAA Skill Development Guidelines

- 3 Ws
- Exposure
- Signs or Symptoms
- Site specific plans
  - Entrances and exits
  - Availability of hand sanitizer, disinfectant, paper towels, thermometers, face coverings
  - Facility cleaning (bathrooms)
  - Screening locations
- Preparticipation Forms
  - Screening forms
  - Medical History
  - Up to date physical exam



# NCHSAA Skill Development Guidelines

## Positive Test

- Report to WCPSS Health Services who will contact the public health authority.
- To resume workouts an athlete or coach must:
  - Fever free for 72 hours (without fever reducing medication)
  - Respiratory symptoms must be resolved
  - 10 days have passed since first symptoms
  - Provide a clearance from a licensed medical provider

# NCHSAA Skill Development Guidelines

- All skill development sessions must be voluntary.
  - Voluntary for coaches and student athletes.
- Maximum of 90 minutes per day per student athlete.
  - May not attend more than 1 workout per day.
- Maximum of 50 individuals per group (includes coaches)
- Maximum of 25 individuals per group indoors (includes coaches)
- Weight rooms and locker rooms remain closed

# WCPSS High School Athletics Calendar

<b>Date of Return</b> (maximum of 2 optional workout days a week)	<b>Sports</b>	<b>Live Period Start</b> (maximum of 5 optional workout days a week)	<b>Season Start</b> (official tryouts/practices start as determined by the NCHSAA)
October 1	Cross County & Volleyball	October 15 Tentative Dependent on evaluation of initial roll out	November 4
October 19*Tentative Dependent on evaluation of initial roll out	Swim & Dive	November 9 (Dry land) Tentative Dependent on evaluation of initial roll out	Nov 23
October 19*Tentative Dependent on evaluation of initial roll out	Basketball & Cheer	November 9 Tentative Dependent on evaluation of initial roll out	Dec 7
November 9*Tentative Dependent on evaluation of initial roll out	M. Soccer, M. Lacrosse & W. Lacrosse	December 1 Tentative Dependent on evaluation of initial roll out	Jan 11
November 30 *Tentative Dependent on evaluation of initial roll out	Football	January 4 Approximately 1 month prior to the season	Feb 8
January 4*Tentative Dependent on evaluation of initial roll out	Golf, M. Tennis, W. Soccer, & Softball	February 1 Tentative Dependent on evaluation of initial roll out	March 1
January 20*Tentative Dependent on evaluation of initial roll out	Baseball, W. Tennis, Track & Field, & Wrestling	March 15 Tentative Dependent on evaluation of initial roll out	April 12

# Co-curricular & Athletics Subcommittee: Summary

## In Review:

- Soft roll-out and cautious return to play for student athletes.
- Plans in development for the Arts/Bands and other co-curricular activities.
- Health and safety for all participants.



# Questions

