

Whole Child Update

Dr. David Stegall, Deputy Superintendent and Chief Academic Officer

Dr. Mary Hemphill-Joseph, Director of Academic Standards

Dr. Ellen Essick, Section Chief for NC Healthy Schools & Specialized Instructional Support

Whole Child Update



- Youth Risk Behavior Survey (YRBS)
- Title V Funding
- Whole Child Pilots
- Whole Child NC

WHOLE SCHOOL, **WHOLE COMMUNITY**, WHOLE CHILD

Healthy Children
Learn Better



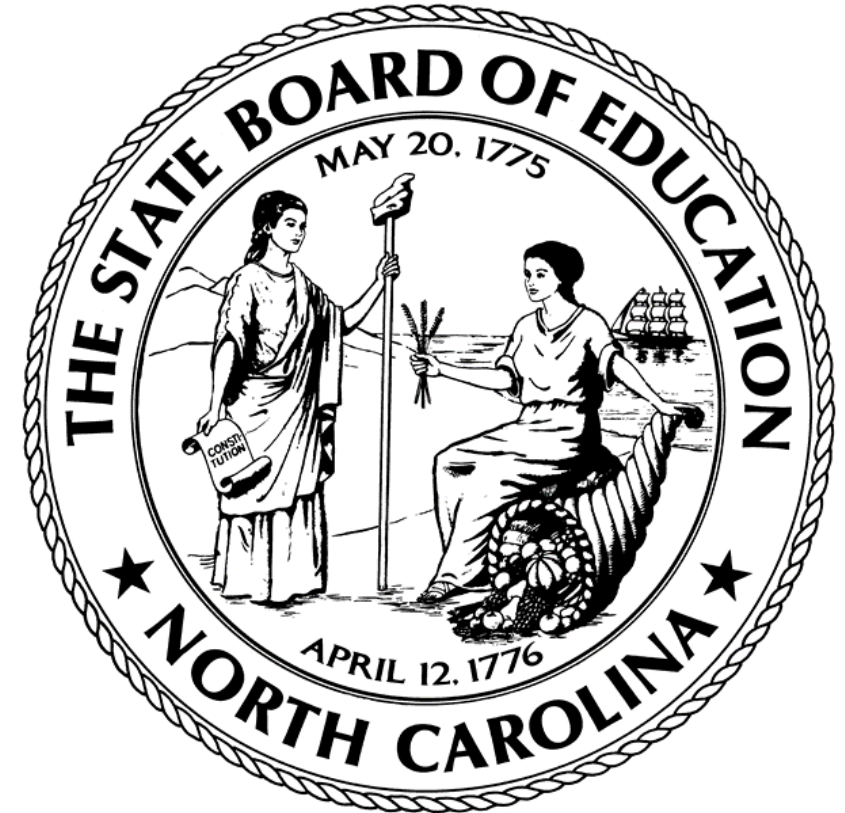
SBE Strategic Goals

Goal 1: Eliminate opportunity gaps by 2025

Component 1 - Increase the number of school-based mental health professionals

Component 2 - Increase opportunities to develop healthy habits in students

Component 3 - Increase the number of schools and districts utilizing innovative "Breakfast After the Bell, Summer Meals, and At-Risk Afterschool Meals" programs to keep students fed, healthy and engaged



Sound Basic Education for All



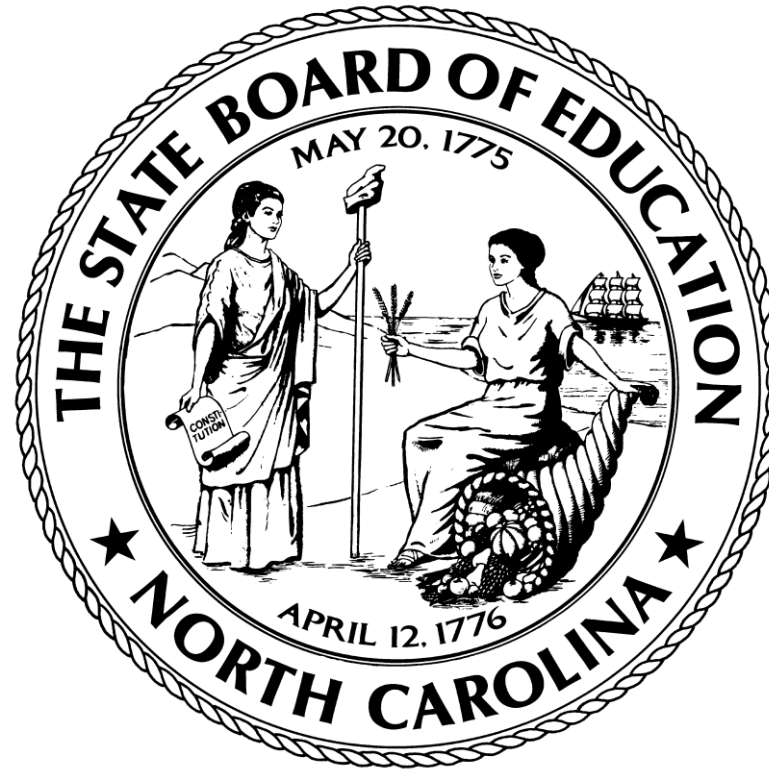
An Action Plan for
North Carolina

WestEd 

In collaboration with Learning Policy Institute and
The William & Ida Friday Institute for Educational Innovation

**Resolution Establishing A
Whole School, Whole
Community, Whole Child
Framework for the
State Board of Education**

November 3, 2016



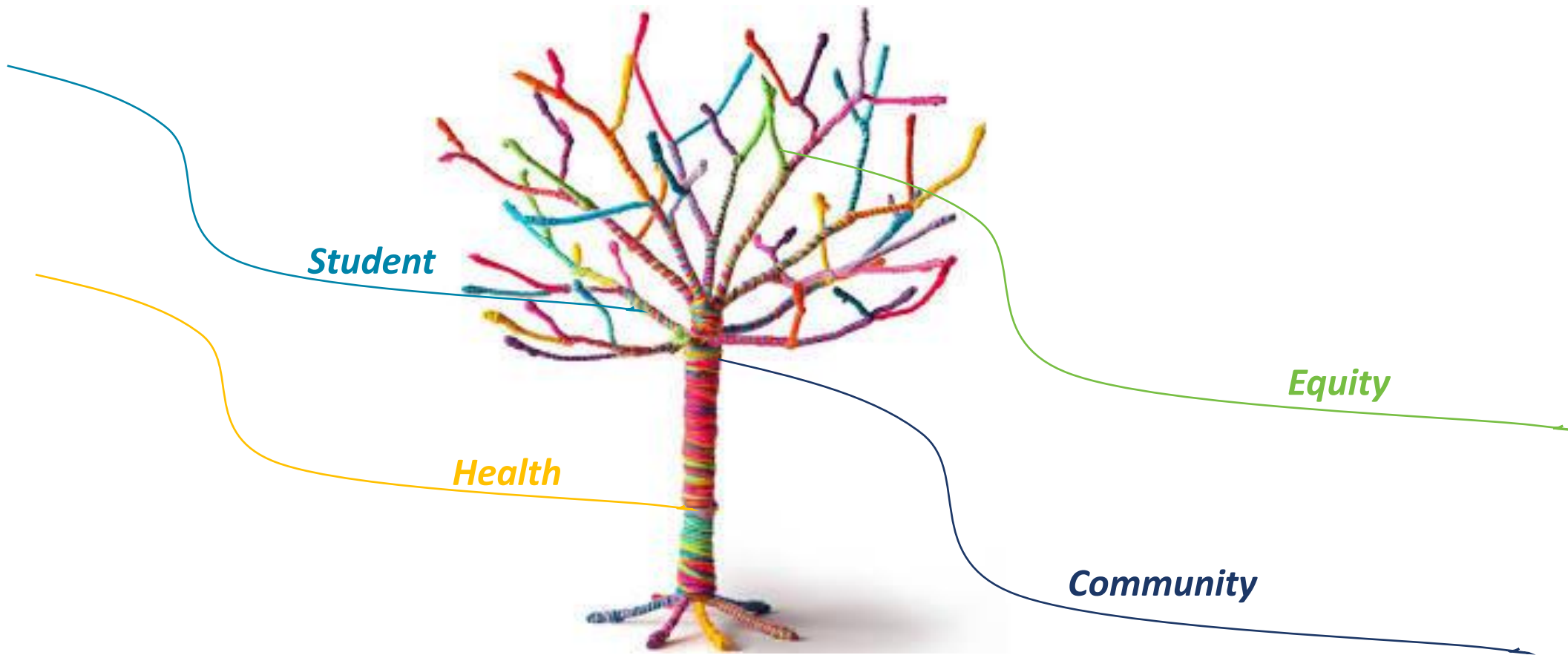
**A Resolution to Support
Equity and Excellence in
North Carolina
Public Education**

September 3, 2020

**A Resolution to Support
School Meals as Part of the
Instructional Day**

November 5, 2019

Common Threads



Data Drives the Work

- Healthy Active Children Progress Report
- School Health Profiles
- Youth Risk Behavior Survey
- Dropout Data
- Free and Reduced Priced Lunch
- Absenteeism Data
- Annual School Health Services Report
- Suspension Data
- Say Something App Data
- Teacher Working Conditions Survey



Youth Risk Behavior Survey

What is the YRBS?

- NC conducted at **middle** and **high school** levels
 - Administered in odd years in NC since 1993
- All schools and classes are **randomly selected**
- Participation is **voluntary** at each level
- Parental consent is **required**
- Designed to be completed in **one class period**
- Completely **anonymous**

YRBS

Priority Health-Risk Behaviors and Health Outcomes Monitored by YRBS

- Behaviors that contribute to the leading causes of mortality and morbidity
 - Unintentional injuries and violence
 - Sexual behaviors
 - Alcohol and other drug use
 - Tobacco use
 - Unhealthy dietary behaviors
 - Inadequate physical activity
- Obesity
- Other priority health issues

**“Student voice
is the road to
change.”**

- Dr. Russell J. Quaglia

2021 YRBS

- Vendor selected
- Samples drawn
- Classes being selected
- Packets (permission slips, login information, letters of support)
- Survey administration to be completed by December 2021



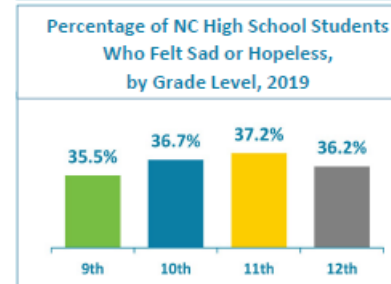
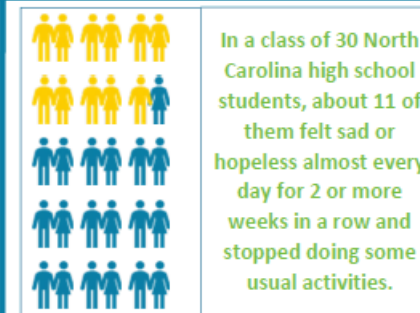
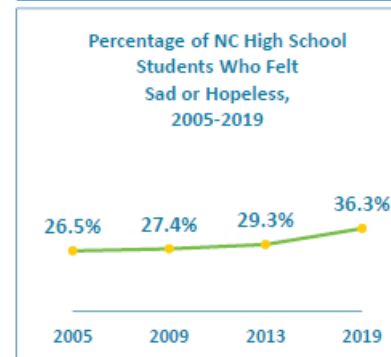
YRBS Data Brief

North Carolina Youth Risk Behavior Survey - August 2021

Counseling, Psychological & Social Services

Mental & Emotional Health

Essential Standard		Clarifying Objective	
9.MEH.2	Create help-seeking strategies for depression and mental disorders.	9.MEH.2.2	Design useful help-seeking strategies for depression and mental disorders.



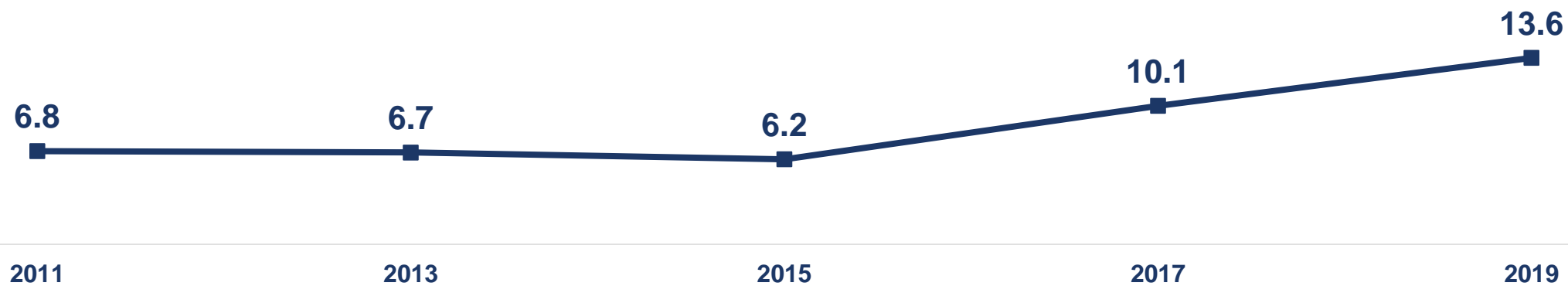
Whole School, Whole Community, Whole Child
A Collaborative Approach to Learning and Health



The NC YRBS is a biennial survey of students in randomly selected traditional public and charter high schools across North Carolina. For more information please visit: <https://sites.google.com/dpi.nc.gov/nchealthyschools/nc-healthy-schools-data/yrbs>

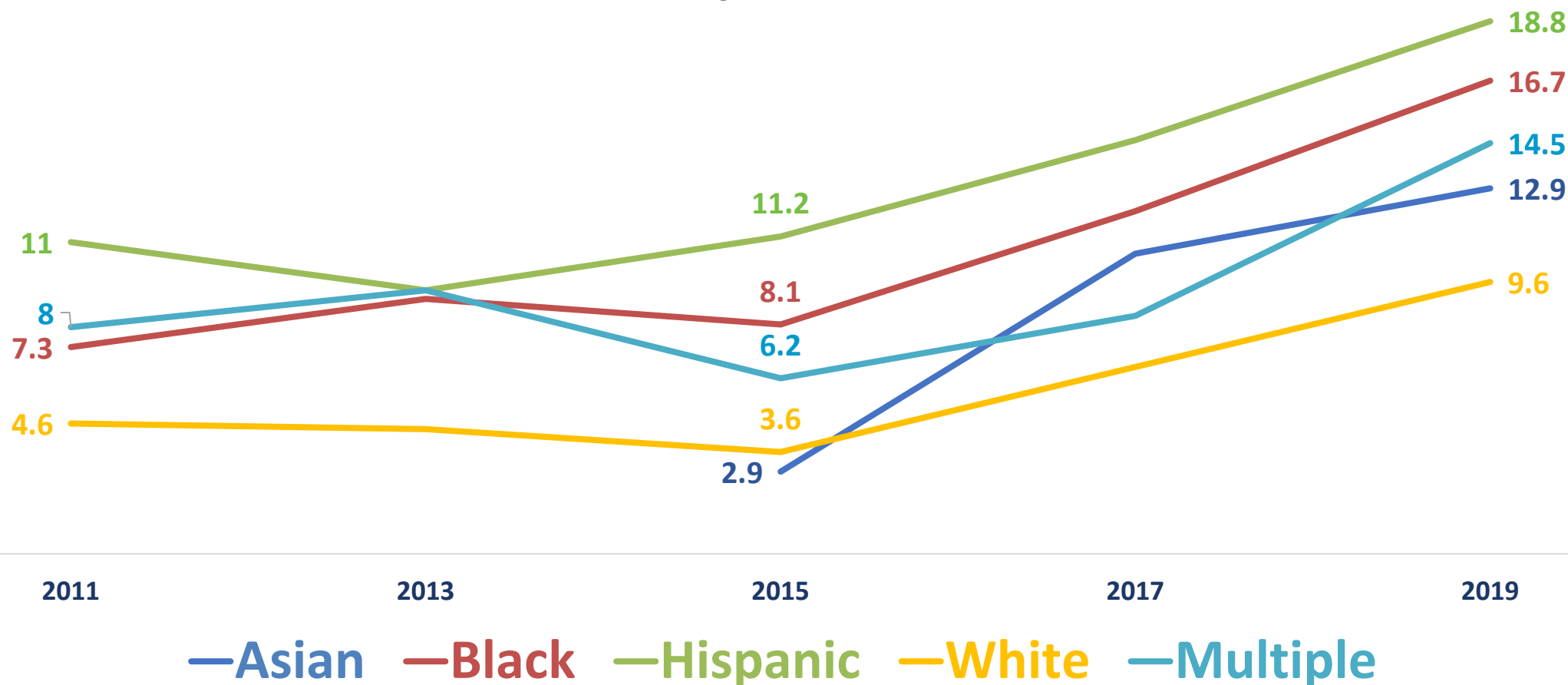
Data Snapshots

Percentage of High School Students Who Did Not Go to School Because They Felt Unsafe at School or on Their Way to or from School

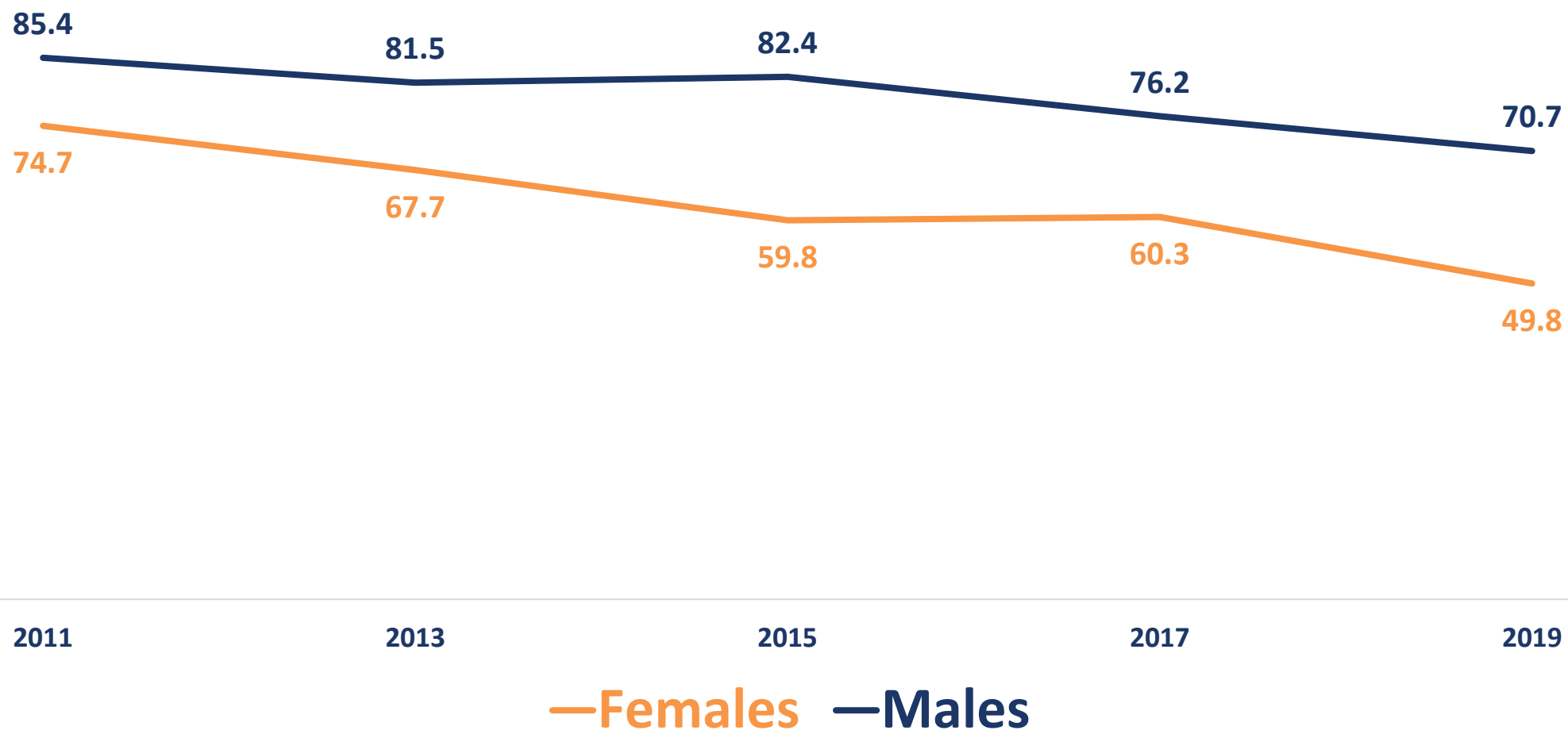


North Carolina - YRBS, 2011-2019 - QN15

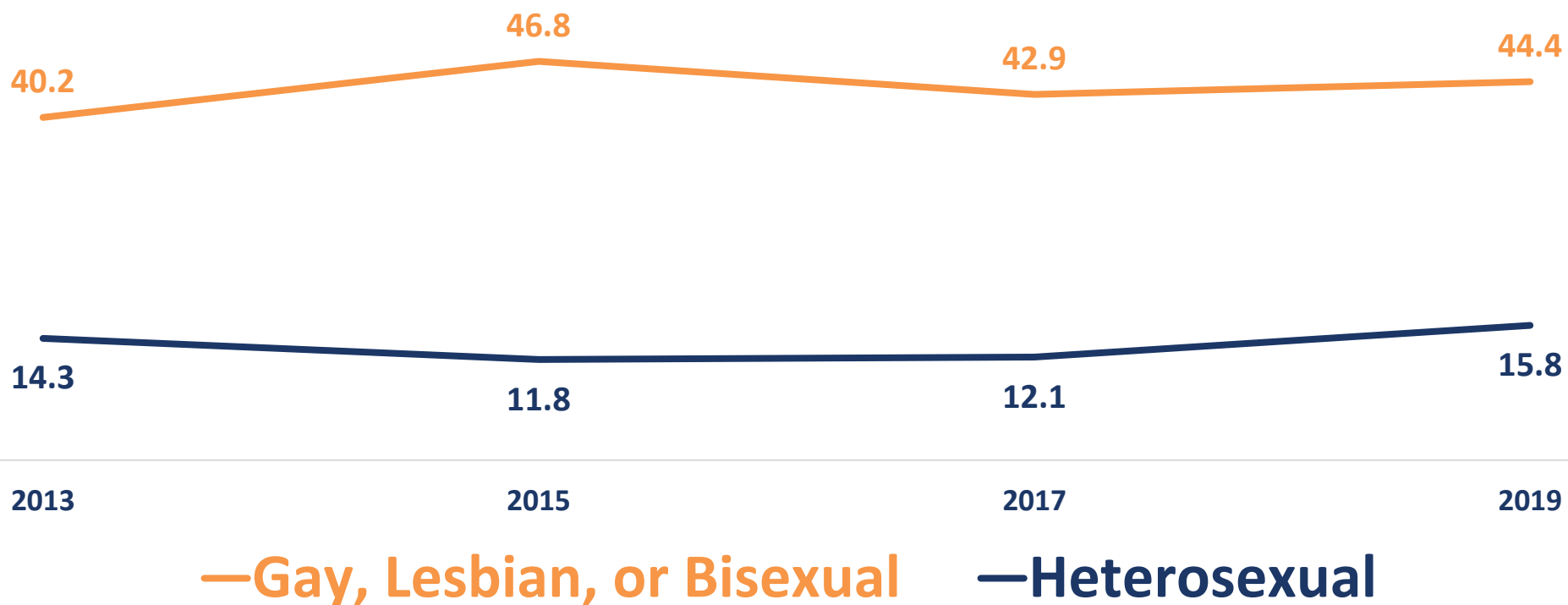
Percentage of NC High School Students Who Did Not Go to School Because They Felt Unsafe at School or on Their Way to or from School



Percentage of NC High School Students Who Strongly Agree or Agree That They Feel Good About Themselves

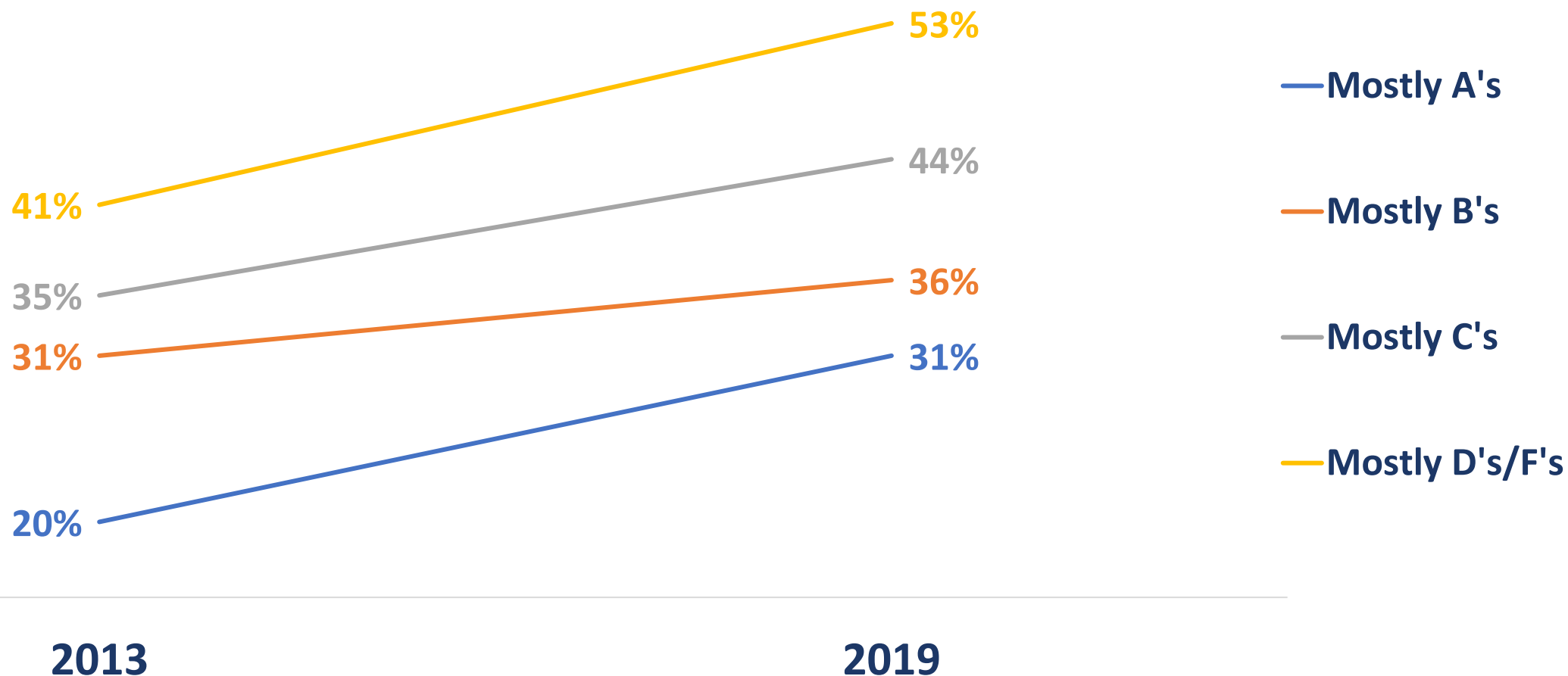


Percentage of NC High School Students Who Seriously Considered Attempting Suicide (During the 12 Months Before the Survey)

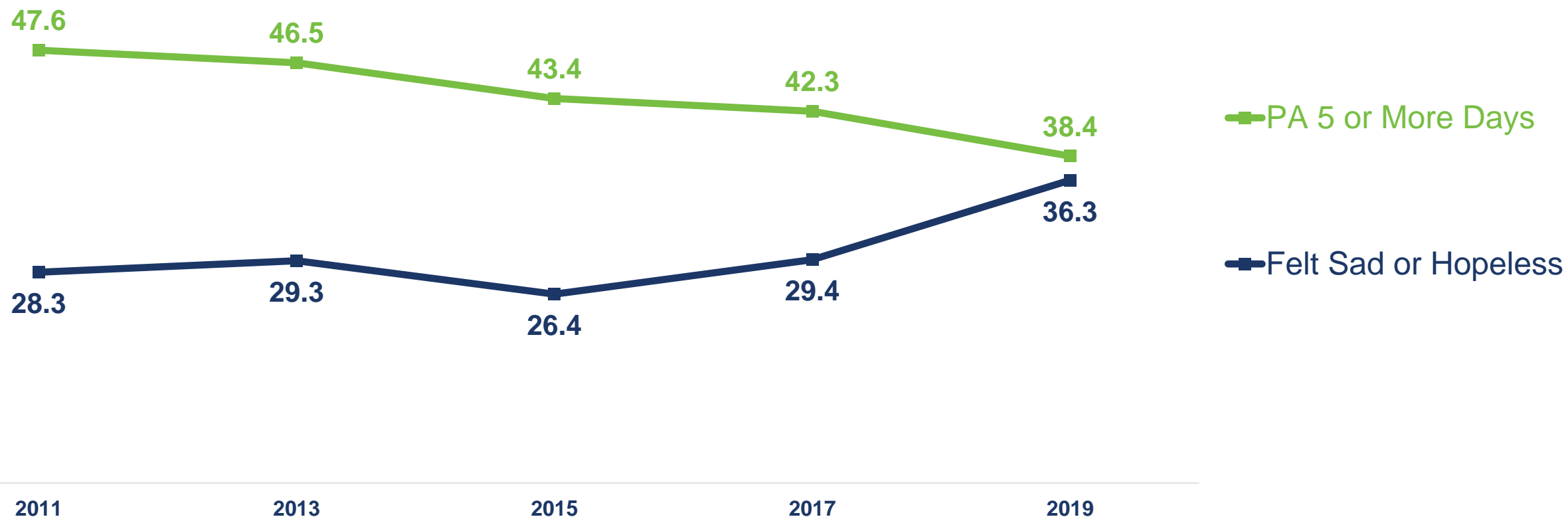


Mental Health & Academic Achievement

Felt Sad or Hopeless Almost Every Day for 2 or More Weeks in a Row in Past 12 Months



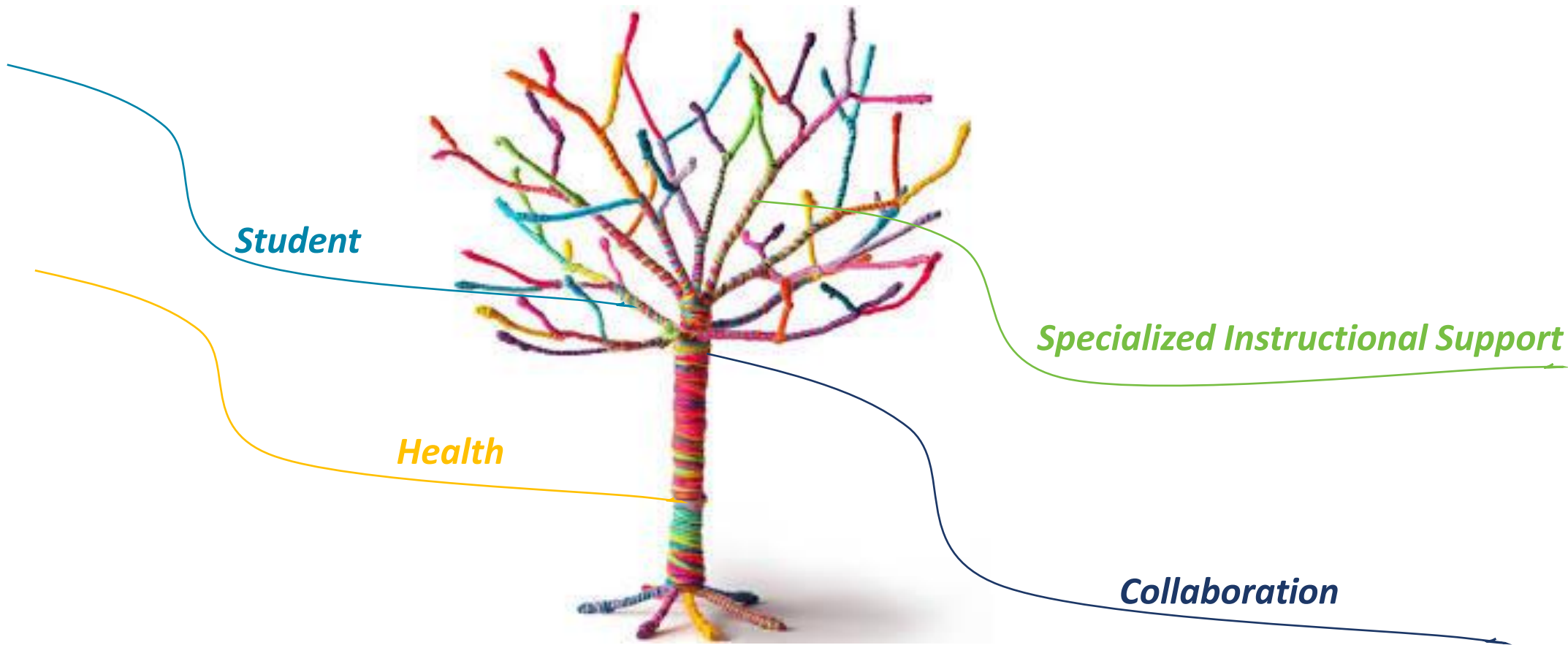
Percentage of High School Students Who Were Physically Active at Least 60 Minutes Per Day on 5 or More Days vs. Feeling Sad or Hopeless



North Carolina - YRBS, 2011-2019

Title V Funding

Common Threads



Title V Overview

- Total funding \$2,380,925
- Approximately 16 LEAs funded
- 2 new positions funded
- Professional development and training for educators
- SISP Meeting



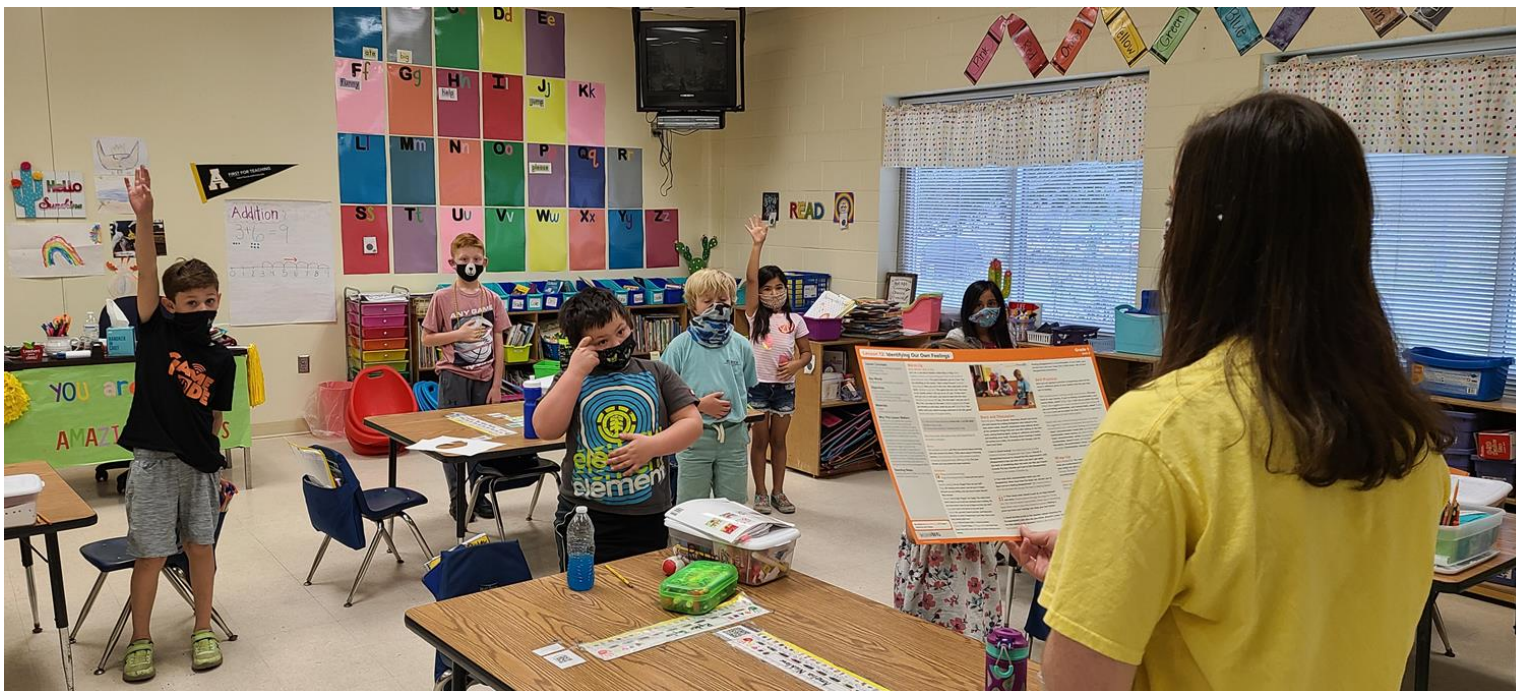
Title V Partners



- NC School Health Training Center
- Center for Supportive Schools
- NC Division of Public Health
- NC Character Education
- NC SEL Implementation Team

Whole Child Pilots

Whole Child Pilots: Shifting the Focus

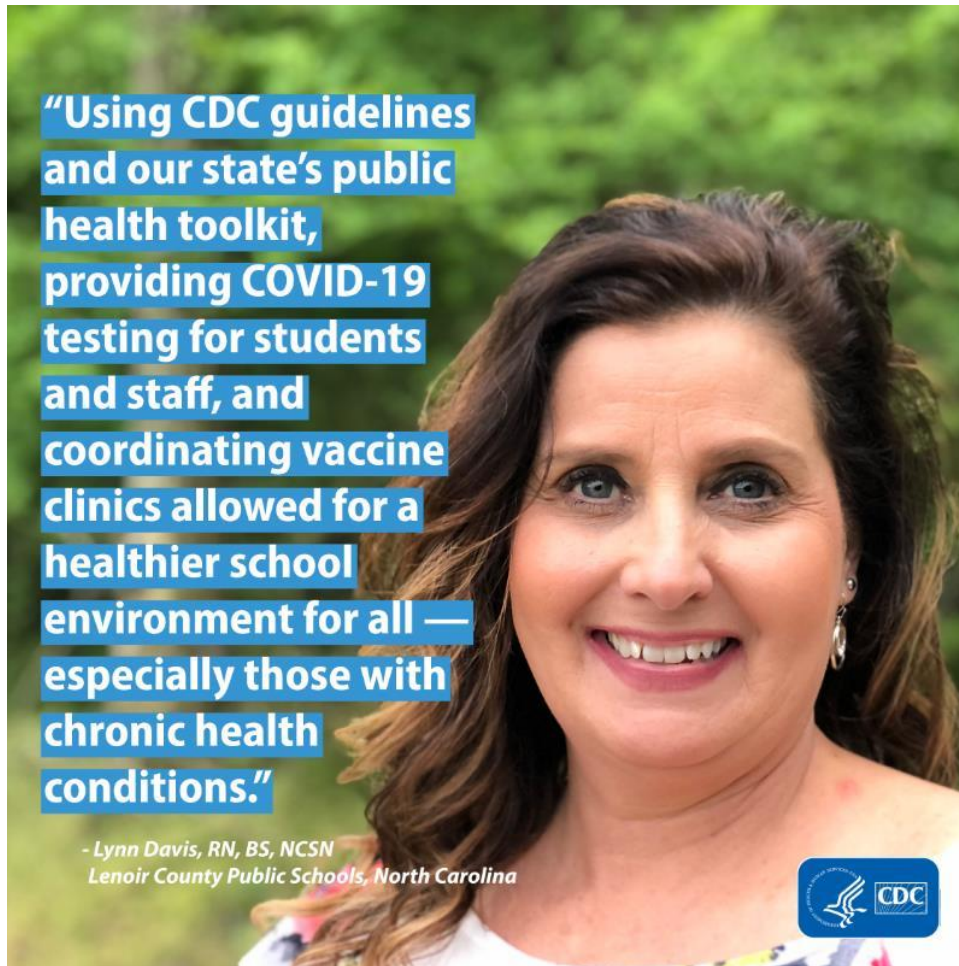


WSCC in Action



Iredell-Statesville
School Nurses are Essential!

WSCC in Action



Lenoir County Public Schools
Lynn Davis, RN, BS, NCSN

WSCC in Action

Johnston County

Backpack buddy programs and feeding families!



Internal Collaboration

- Superintendent's Polaris Workgroup
- SEL Implementation Team
- Exceptional Children Adapted Physical Education Position
- School Nutrition
- Federal Programs/21st Century Community Learning Centers
- Center for Safer Schools



Whole Child NC

Whole Child NC Prioritized Areas of Work

Leadership, engagement, buy-in and support

Welcoming family engagement culture

Coordination of preventive services

COVID Collaborations

- Governor's Health & Education Workgroup
- NC Vaccine Advisory Committee
- Strong Schools NC/ Lighting Our Way Forward
- Carolinas Pandemic Preparedness
- Strong Schools NC COVID Testing
- National Governors Association Child Well-Being Task Force

Ongoing Collaborations

- Leadership Exchange for Adolescent Health Promotion (LEAHP)
- Eat Smart, Move More Leadership Team
- NC Community Child Protection Team
- Tobacco Prevention & Control
- Centers for Disease Control & Prevention
- NC InCK (Integrated Care for Kids)
- Suicide Prevention Advisory Committee
- Child Fatality Task Force
- Child Fatality Prevention Team

Questions

