

2021-2022 Annual Report of the Wake School Health Advisory Council (SHAC)

June 21st, 2022

Jennifer Zerda, SHAC Chair
Brian Glendenning, SHAC District Liaison

School Health Advisory Council

Advisory group of school and community representatives acting collectively to advise the school district on a Whole Child, Whole School, Whole Community.

The 2021-2022 SHAC Members* are:

Larry Bauder	Petra Hager	Michelle Mulvihill
Roxie Cash	Denise Hunter	Alice Reese
Jennifer Delcourt	Granvel Johnson	Ann Rollins
Paula De Lucca	David Jones	Jen Zerda
Brian Glendenning	Rae Marsh	Tracy Taylor

Whole School, Whole Community, Whole Child Model



WCPSS Board Policy 6140

The board will maintain a SHAC to help plan, update, promote, and monitor this policy, as well as, address other health and nutrition issues within the school system.

The council is authorized to examine related research and laws, assess student needs and the current school environment, review existing board policies and administrative regulations, collaborate with appropriate community agencies and organizations, and help raise awareness about student health issues.

WCPSS Board Policy 6140

The council will be composed of representatives from the school system, the local health department, and the community

The council shall provide periodic reports to the board and the public regarding the status of its work

Please see Appendix A for full policy

2021 - 2022 Topics

September	Planning & Membership
October	Tobacco Prevention and Control Update/American Heart Association
November	Staff Wellness
December	Safety & Security
January	Child Nutrition
February	Mental Health
March	Planning Meeting
April	Safe Routes to School/Physical Environment/Recommendations and Commendations Discussion
May	Recommendations/Commendations Discussion

Tobacco Prevention and Control



Commendations

- WCPSS was the first North Carolina school system to file suit against Juul.
- WCPSS student advocates participated in the 3rd annual Youth Tobacco Forum on April 28th.
- Consistent participation in YTS (Youth Tobacco Survey).

Recommendations

- Continued updates from the NC Tobacco Prevention and Control Branch to guide WCPSS efforts for student health.

Staff Wellness



Recommendation

Increase formal staff wellness efforts to ensure staff are able to access necessary supports.

Safety & Security



Commendations

- Use of third-party evaluators to provide an unbiased review of WCPSS safety and security

Recommendations

- Continued review of evaluation results to prioritize safety and security needs
- Review of signage in schools
- Consistent enforcement of background checks for all volunteers in schools with one system for school visitor sign in

Child Nutrition Services (CNS)



Commendations

- Navigation of pandemic response to feed students.
- Adoption of new meal charge policy that provides families with flexibility to charge up to a new limit so students can receive their meal of choice.

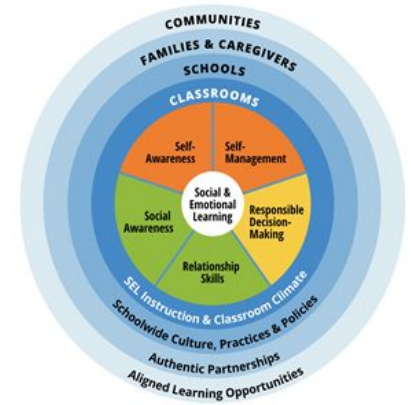
Recommendations

- School Breakfast and Lunch will no longer be available at no cost to all students. WCPSS should encourage families to apply for free & reduced-price meal benefits.
- Provide Information to schools and collect data regarding the following...
 - Food will not be used in the schools as a reward or punishment.
 - Wellness policy 6140 compliance.

Counseling & Student Service Update

Commendations

- Video presentations on resilience and stress management have been published on the WCPSS website for public use.
- Seminars/Workshops for Parents and community
- Launch of pilot school program collaborative mental health services (16 schools)
- Programs in place to allow for services regardless of ability to pay
- Built in 3rd party evaluation as part of the pilot school program
- Virtual option to access services during pandemic that has continued to be offered as an option



Recommendations

- Expand Pilot School Program based upon 3rd party evaluation results
- Look to improve collaboration with Wake County Health and Human Services.

Grounds & Environment

Commendations

- Addition of facilities site planner position

Recommendations

- Expand R&D of Middle and High school guidelines for outdoor spaces beyond athletics. (Outdoor eating and learning spaces for example.)
- Increase maintenance budget and life cycle budgets to plan for upkeep, replacement and maintenance of play equipment, turf fields and outdoor learning spaces.
- Prioritization of programmed play requirements in the design and planning process



Youth Risk Behavior Survey (YRBS)

YRBSS
Results



YRBSS Data



YRBS
Explorer



Trends
Report



Recommendation

- Continue to survey a large, representative pool of participants for the YRBS as recommended by NC Healthy Active Child Policy SHLT-000 which was updated in January 2021 (Appendix B)

What is the Triennial Assessment?

LEAs must conduct and assessment of the wellness policy every 3 years, at minimum. This assessment reflects information gained as the first triennial cycle has concluded. This assessment determines the following:

1. The compliance with the wellness policy
2. How the wellness policy compares to model wellness policies
3. Progress made in attaining the goals of the wellness policy.

Results of the WCPSS Triennial Assessment are provided in Appendix C.

Thank you!