

**NORTH CAROLINA STATE BOARD OF EDUCATION  
Policy Manual**

Item	Description
<b>Policy Title</b>	Athletic Trainers
<b>Policy Category</b>	Athletics (ATHL)
<b>Policy ID</b>	<del>ATHL-000</del> <u>ATHL-006</u>
<b>Policy Date</b>	<del>04/02/2015</del> <u>12/07/2023</u>
<b>Previous Policy Dates</b>	02/05/1986, 9/13/2001,06/06/2002, 07/11/2012, <u>04/02/2015</u>
<b>Statutory Reference</b>	<u>G.S. 115C-12(12) ; G.S. 115C-407.50; G.S. 115C-407.55; G.S. 115C-407.65</u>
<b>Administrative Procedures Act (APA)</b>	16 NCAC 06E .0206- <del>Athletic Trainers</del> <del>(<a href="https://simbli.eboardsolutions.com/SU/8Qv8a4bnkD11Qslsh4vafvEZQ==">https://simbli.eboardsolutions.com/SU/8Qv8a4bnkD11Qslsh4vafvEZQ==</a>)</del>

**ATHLETIC ~~INJURY MANAGEMENT~~TRAINERS**

This policy sets forth requirements for public school units to designate an athletic trainer or first responder for athletic activities at schools under their jurisdiction.

- (a) Each ~~Local Education Agency (LEA)~~public school unit must designate for each high school within its jurisdiction either a licensed athletic trainer who is qualified pursuant to ~~Article 34 of Chapter 90~~Chapter 90, Article 34 of the General Statutes ~~of North Carolina~~ or a first responder. These persons may be employed on a full-time or part-time basis or may serve as a volunteer.
- (b) If not a licensed athletic trainer, a first responder shall:
- (1) have completed and continue to maintain certification in cardiopulmonary resuscitation as certified by an organization such as the American Red Cross or the American Heart Association;
  - (2) have completed and continue to maintain certification in first aid as certified by an organization such as the American Red Cross or the American Heart Association;
  - (3) have completed and continue to maintain training in concussion management as offered by an organization such as the National Federation of State High School Associations ~~(NFHS)~~(NFHS);
  - (4) have completed and continue to maintain continuing education in injury prevention and management as offered by an organization such as the National Federation of State High School Associations (NFHS); and

- (5) complete 10 hours total of staff development each school year specific to first aid and injury recognition and prevention. The 10 hours may include hours necessary for recertifications or renewals.
- (c) The licensed athletic trainer or first responder shall not have concurrent coaching responsibilities during the time in which the person is working as a licensed athletic trainer or first responder.
- (d) A licensed athletic trainer or first responder shall attend all football practices and games, unless excused by the superintendent due to emergency.
- (e) Each LEA-PSU shall monitor school athletic trainer's or the first responder's compliance with this Rule.
- (f) ~~LEAs shall work toward having~~PSUs are encouraged to have a licensed athletic trainer or first responder available for all ~~school practices and games of all sports at both the high school and middle school~~athletic events, practices, and activities in every sport at every middle, junior high, and high schools under the PSU's jurisdiction.