

School Mental Health Policy (SHLT-003) Report 2023

Policy Overview

Background Information and Timelines



Report Compliance

336 Total PSUs

- 327 reported
 - 8 of 211 active charter schools not reported
 - 1 of 10 lab/regional schools not reported

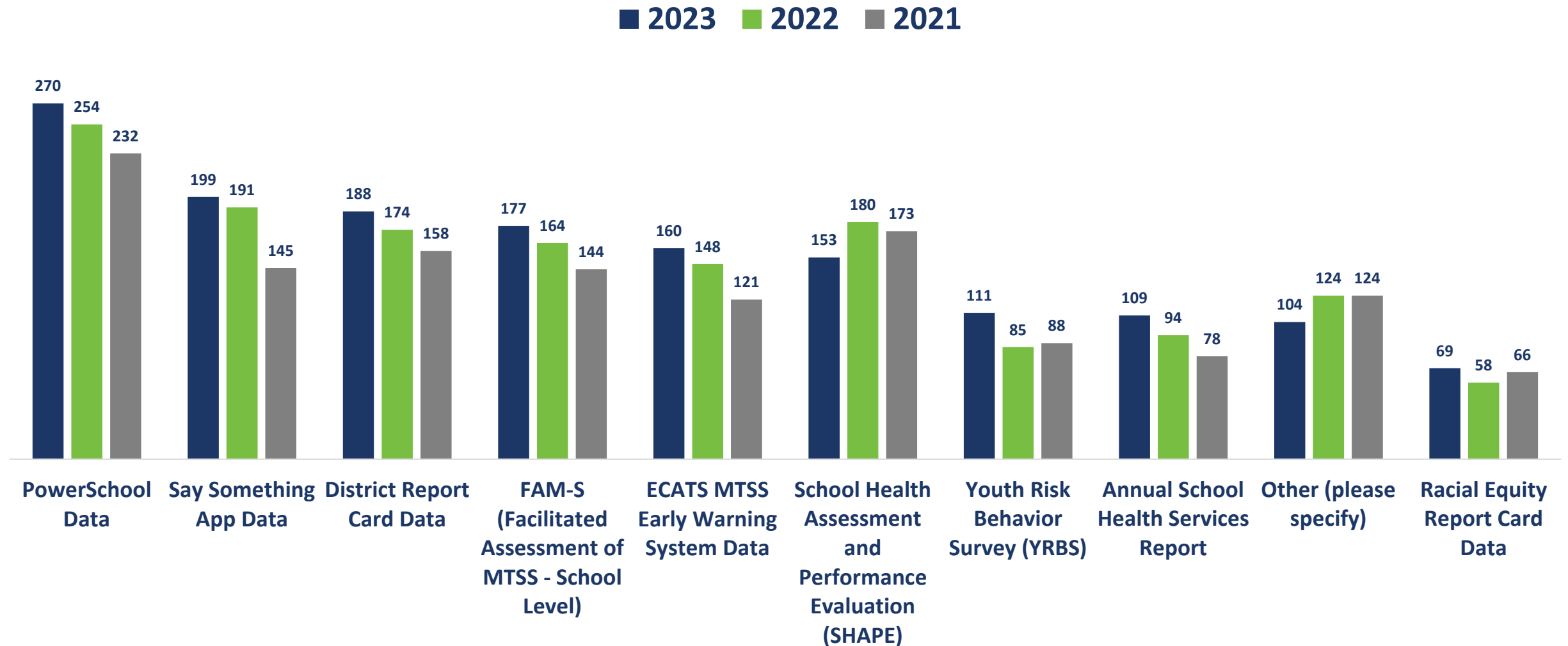
Additional outreach is ongoing to ensure all required components are submitted.

**115 LEAs
+
211
Charters
+
10 Lab &
Regional
=
336 Total**

Report due September 15, 2023

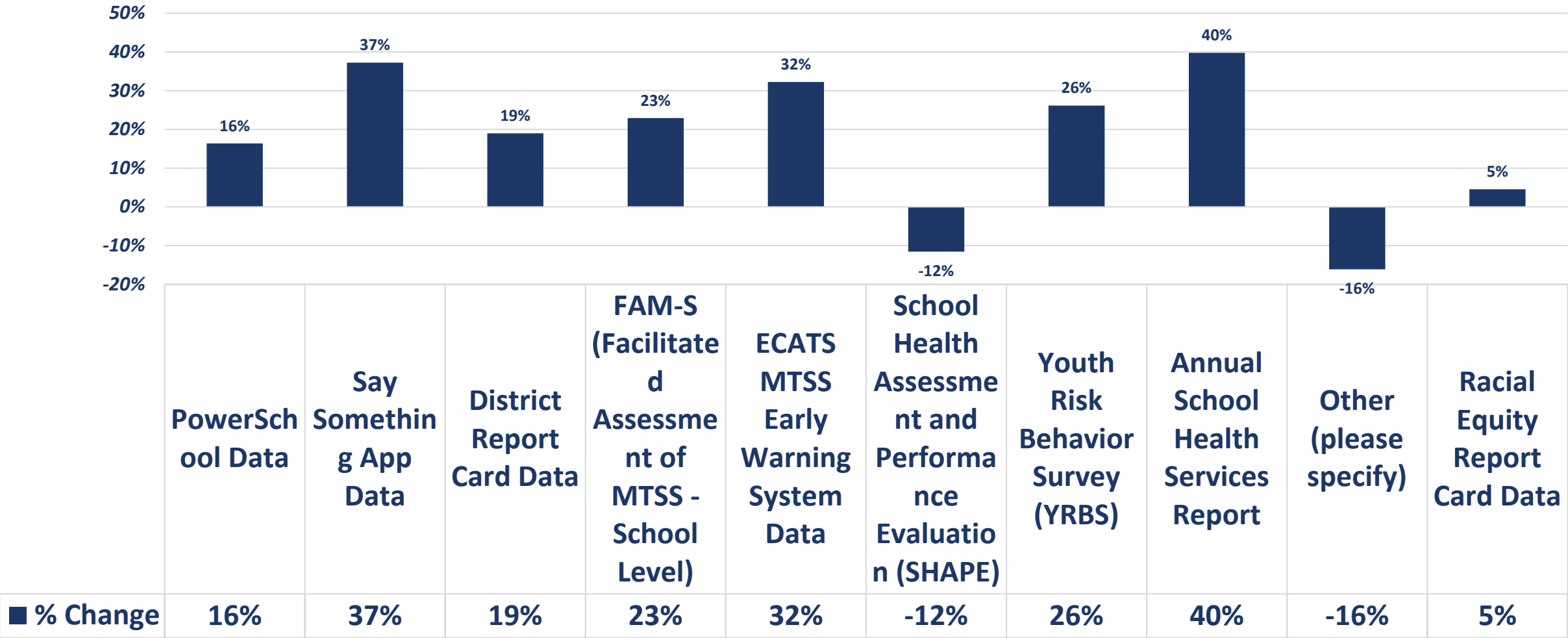
Data represents compliance as of November 13, 2023

Data Sources Used by PSUs to Identify SMH Plan Priorities



Data Sources Used by PSUs to Identify SMH Plan Priorities

% Change from 2021-2023



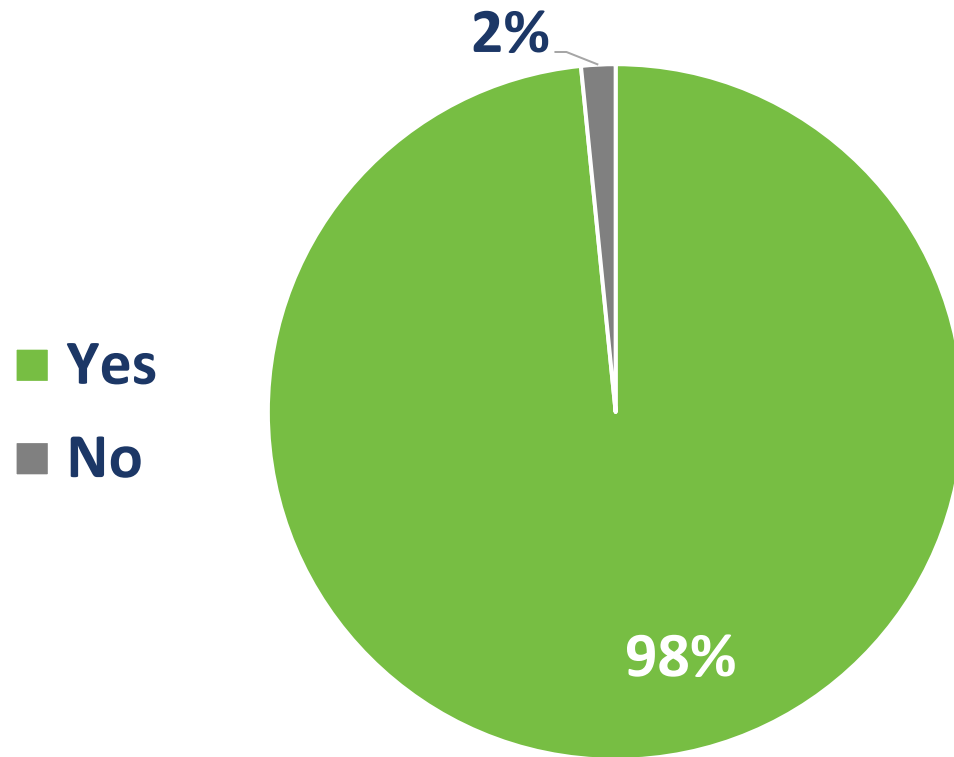
Data Sources Trends

Data Source	Year 1 (2021)	Year 2 (2022)	Year 3 (2023)
PowerSchool	232	249	270
Say Something App	145	189	199
ECATS MTSS Early Warning System	121	145	160
Annual School Health Services Report	78	92	109

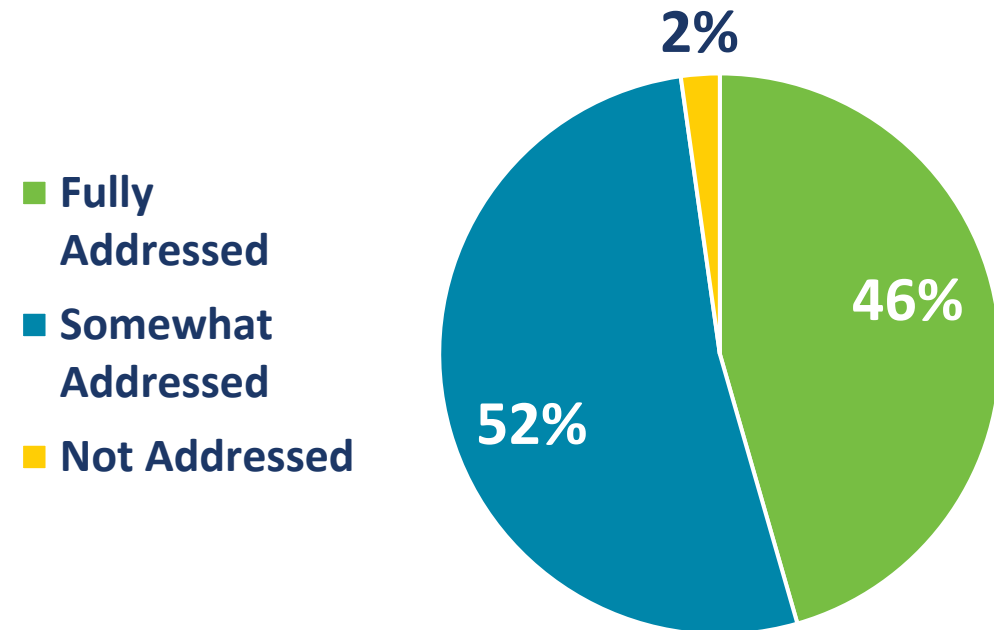
**Number of PSUs reflected in the chart.*

Universal Promotion

Does your plan address universal promotion of mental and social-emotional wellness and prevention through core instruction, curriculum, and school environment?

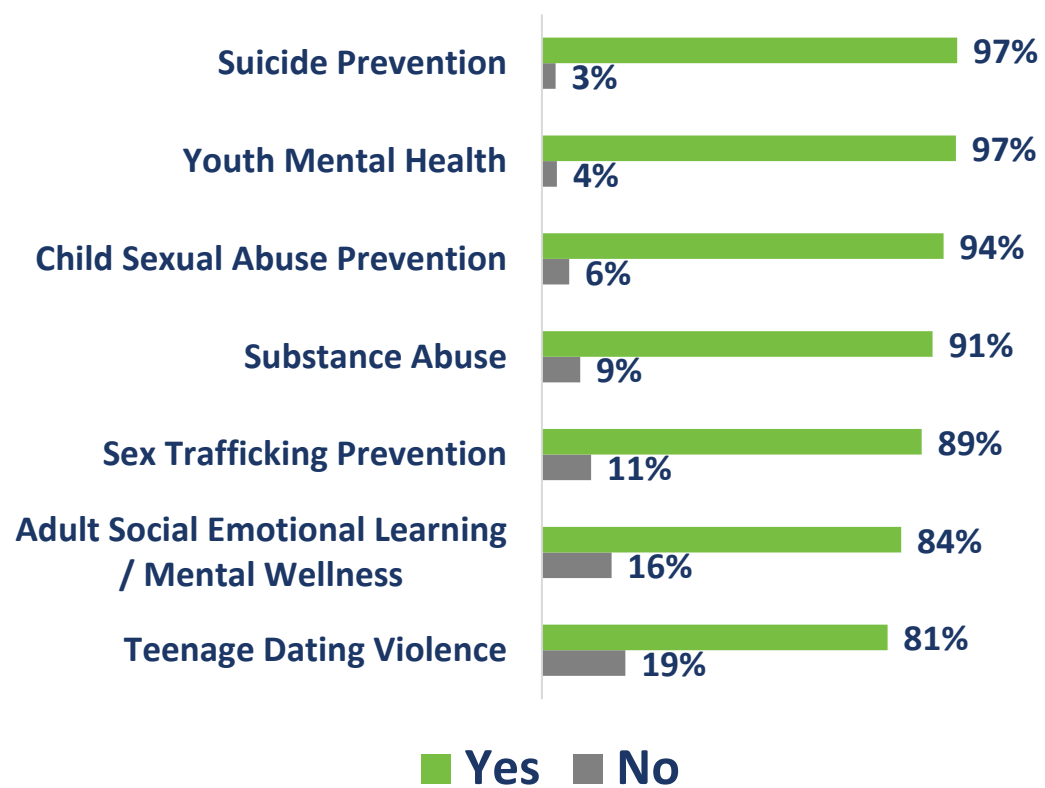


To what extent did your PSU address universal promotion of mental and social- emotional wellness and prevention through core instruction, curriculum, and school environment in the 2022-2023 school year?

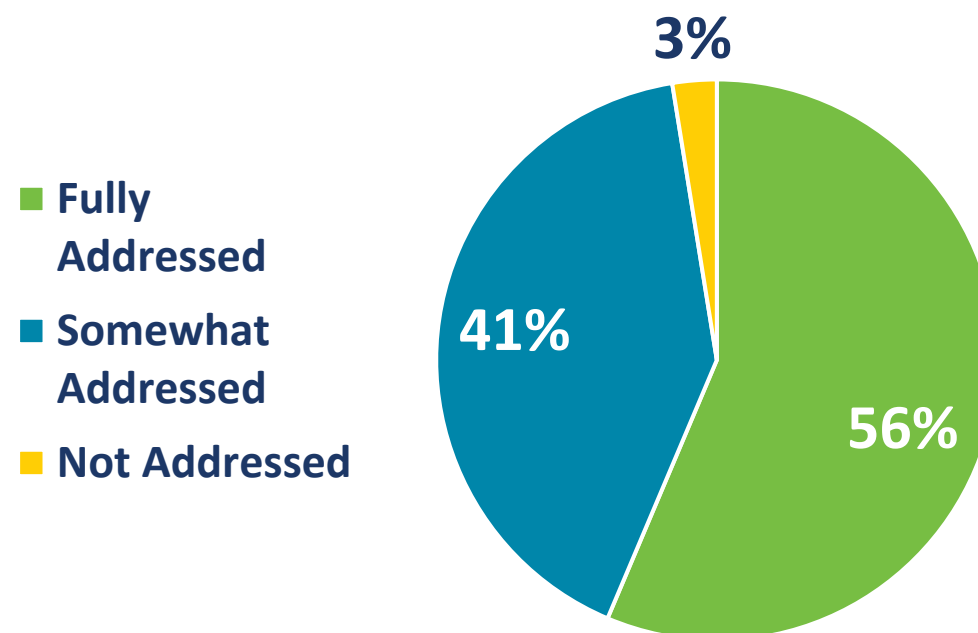


Training Program

Does your plan include a mental health training program provided to school employees addressing the topics listed below, including at least six hours of content for initial training occurring within first six months of employment and annual subsequent training of at least two hours?



To what extent did your PSU address mental health training programs provided to school employees addressing the topics of youth mental health, suicide prevention, substance abuse, teenage dating violence, child sexual abuse prevention, sex trafficking prevention, and adult social-emotional learning/mental wellness in the 2022-2023 school year?



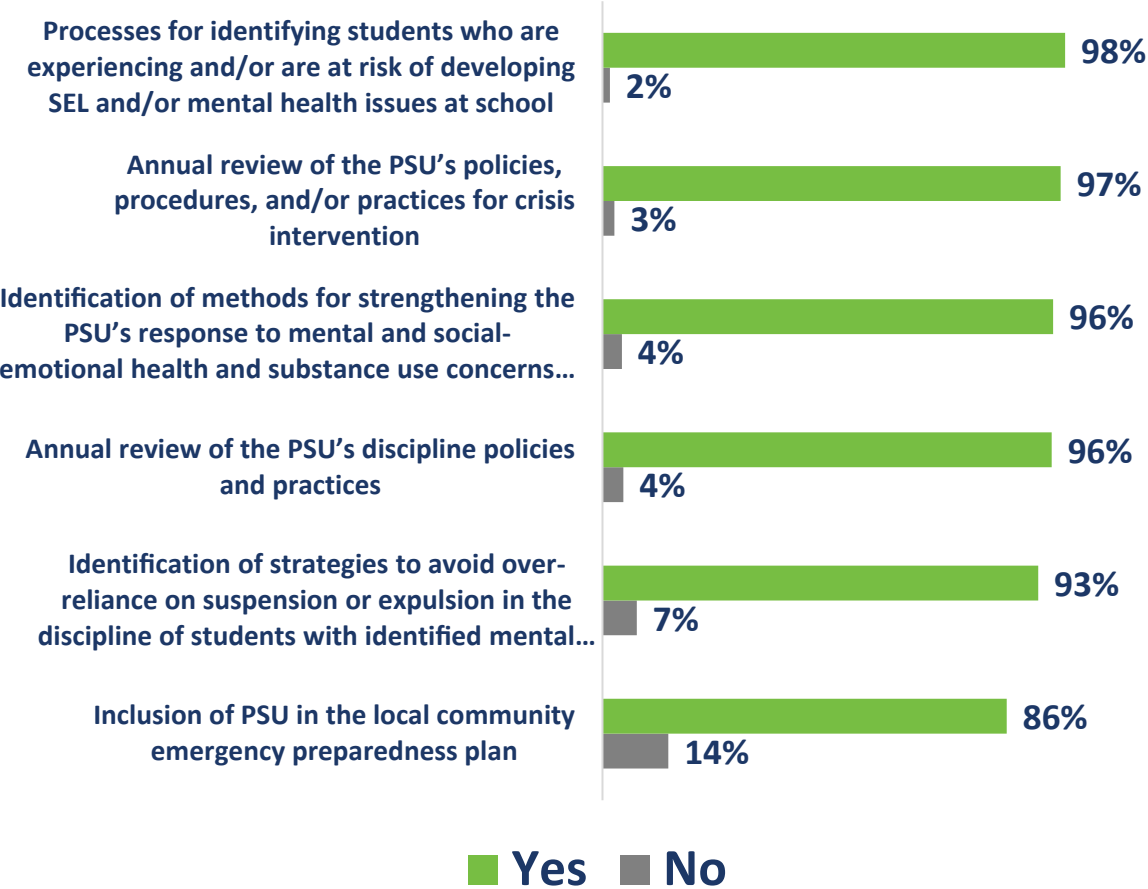
Training Program Trends

Training	Year 1 Reporting Not Addressed	Year 2 Reporting Not Addressed	Year 3 Reporting Not Addressed
Youth Mental Health	9	14	11
Suicide Prevention	8	10	10
Substance Abuse	38	36	28
Teenage Dating Violence	56	53	61
Child Sexual Abuse Prevention	21	24	20
Sex Trafficking Prevention	22	23	36
Adult Social Emotional Learning/Mental Wellness (Not Legislated)	46	51	51

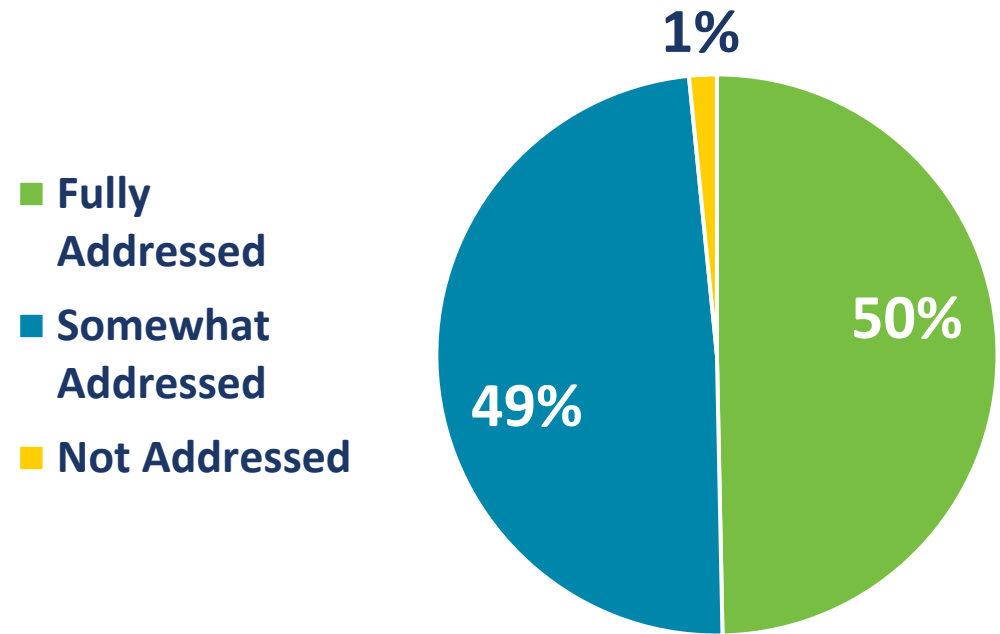
**Number of PSUs reflected in the chart.*

Early Interventions

Does your plan address early intervention for mental and social-emotional health, including:

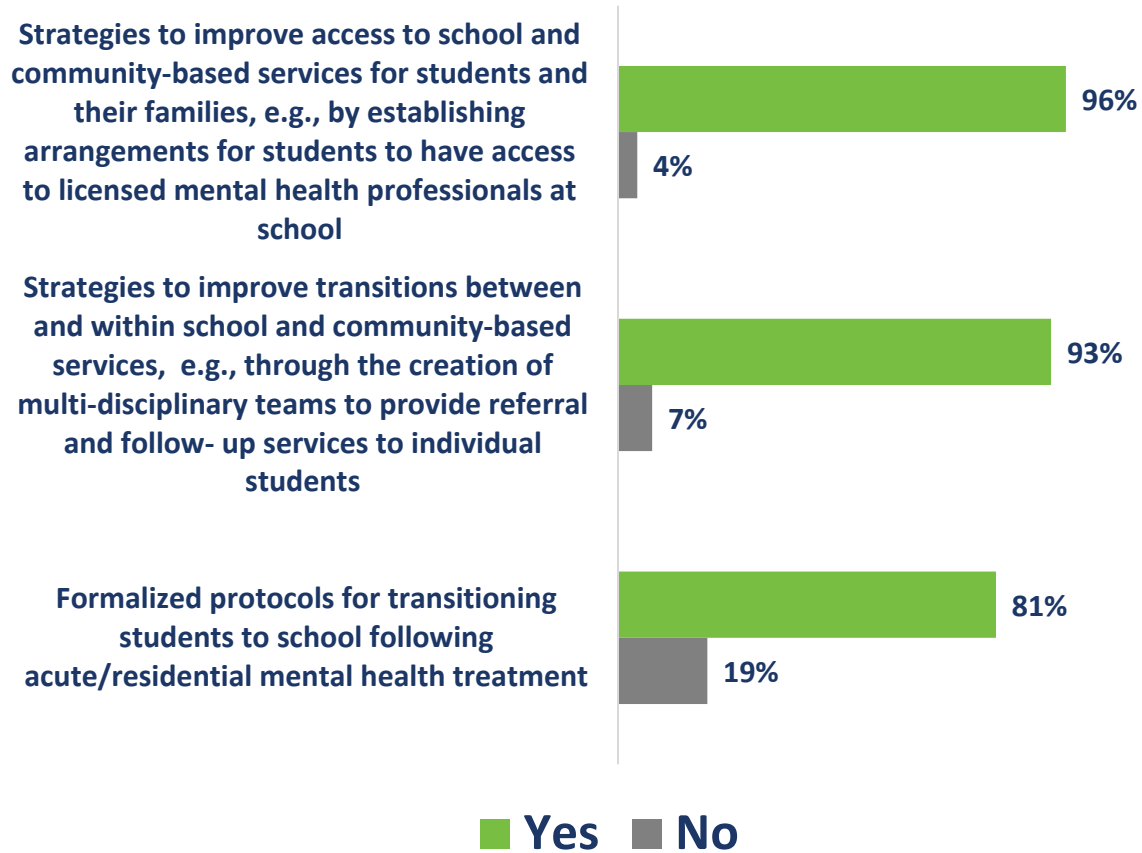


To what extent did your PSU address early intervention for mental and social-emotional health in the 2022-2023 school year?

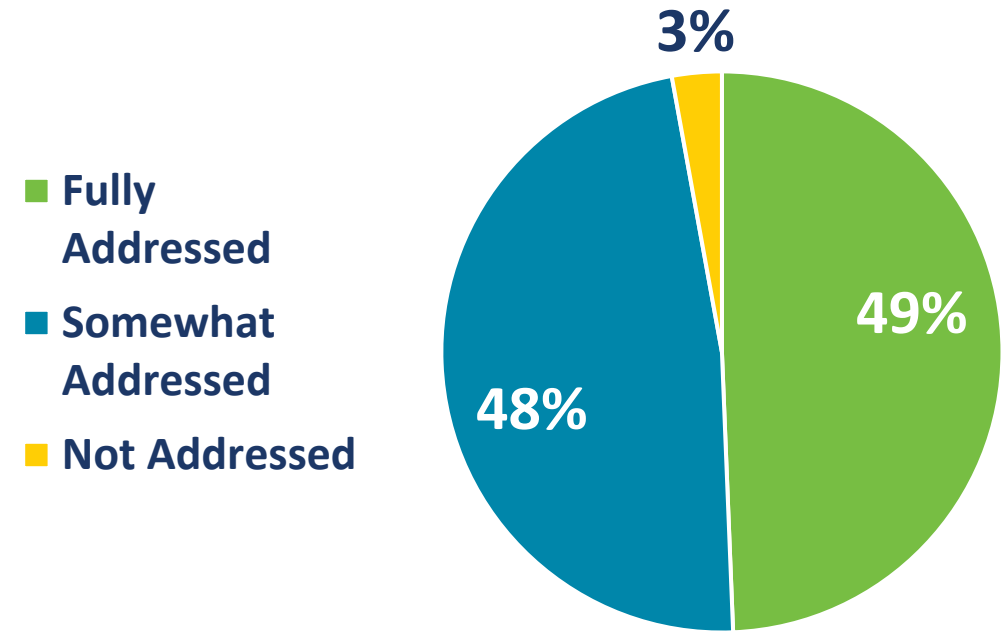


Transitions and Re-entry

Does your plan address how students in need will access and transition within and between school and community-based mental health and substance use services, including:

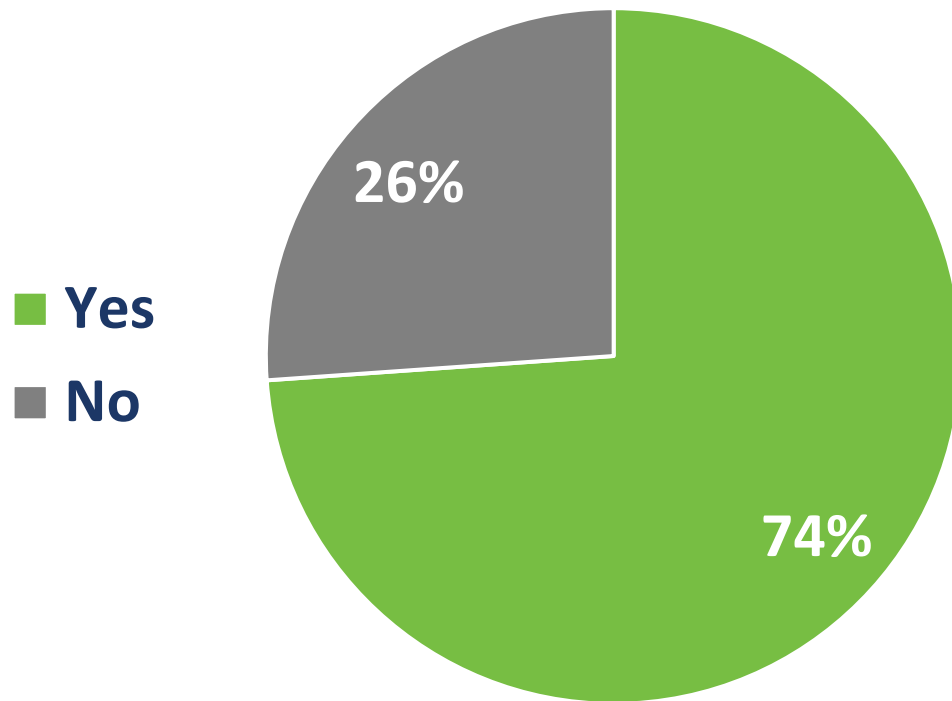


Q78 - To what extent did your PSU address how students in need will access and transition within and between school and community-based mental health and substance use services in the 2022-2023 school year?

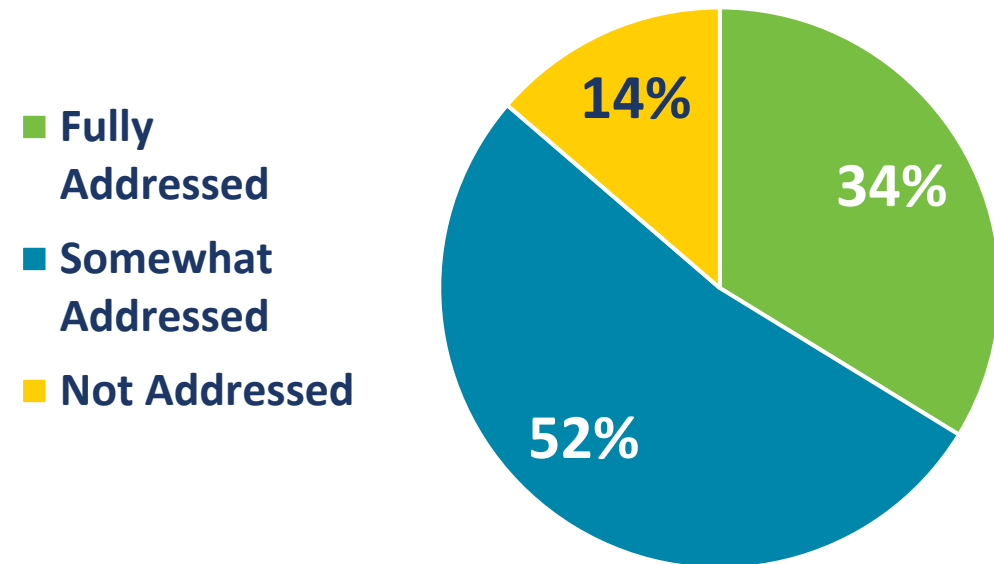


Staffing Ratios

Q80 - Does your plan address improving staffing ratios for licensed specialized instructional support personnel such as school counselors, school nurses, school psychologists, school social workers, and school occupational therapists?



Q81 - To what extent did your PSU address improving staffing ratios for licensed specialized instructional support personnel such as counselors, school nurses, school psychologists, school social workers, and school occupational therapists in the 2022-2023 school year?



Staffing Ratios Trends

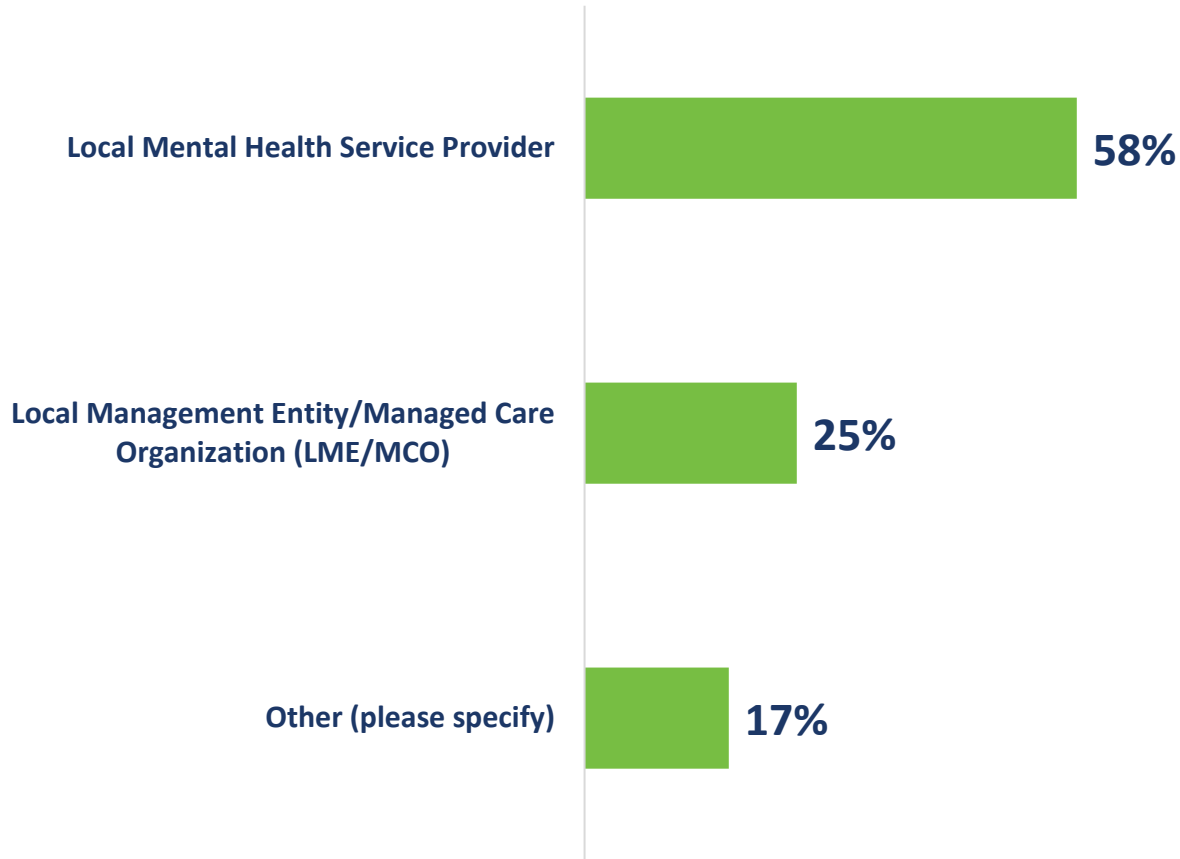
These personnel include school counselors, school nurses, school psychologists, school social workers, and school occupational therapists.

Addressed in Plan	Year 1 (2021)	Year 2 (2022)	Year 3 (2023)
Yes	240	263	232
No	79	67	82

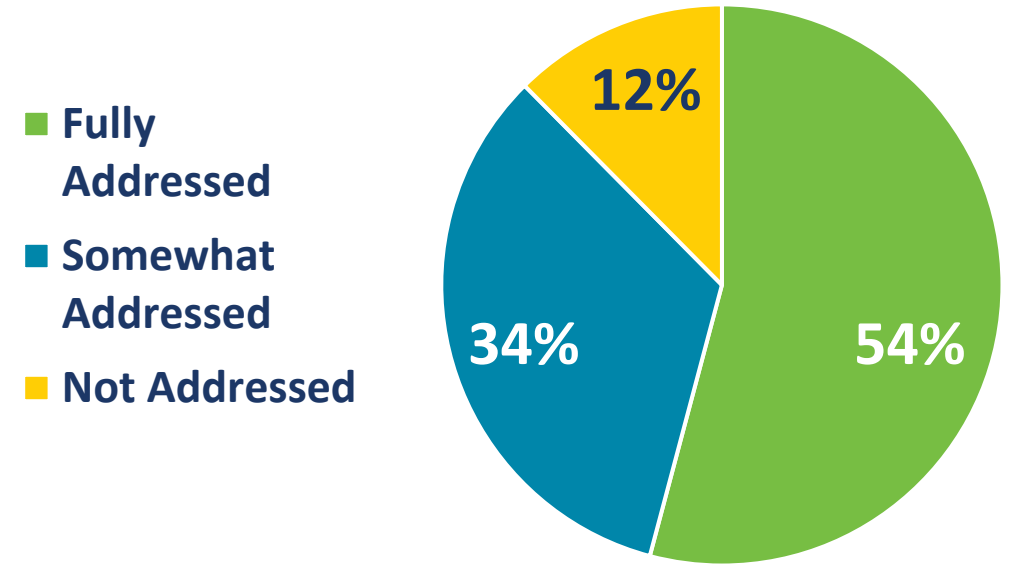
**Number of PSUs reflected in the chart.*

Memorandum of Understanding

With what mental health and substance use providers does your PSU have a Memorandum of Understanding (MOU) regarding respective roles and relationships on coordination of referral, treatment, and follow-up for individual students in need of services? (Select all that apply.)



To what extent did your PSU address establishing/maintaining Memorandums of Understanding (MOUs) with mental health and substance use providers regarding respective roles and relationships on coordination of referral, treatment, and follow-up for individual students in need of services in the 2022-2023 school year?



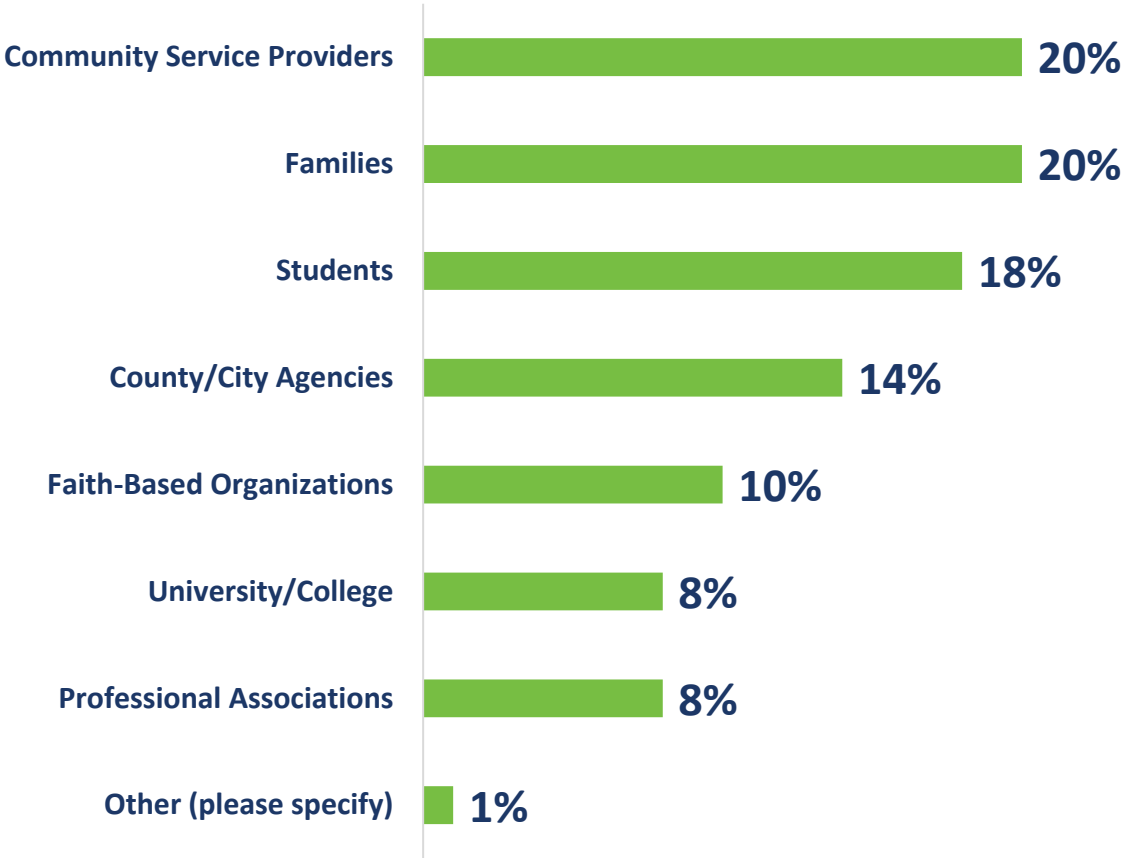
MOU Trends

MOU In Place	Year 1 (2021)	Year 2 (2022)	Year 3 (2023)
None of the above	76	54	NA
Local Management Entity/Managed Care Organization (LME/MCO)	72	69	85
Local Mental Health Service Provider	180	220	196
Other	48	58	58

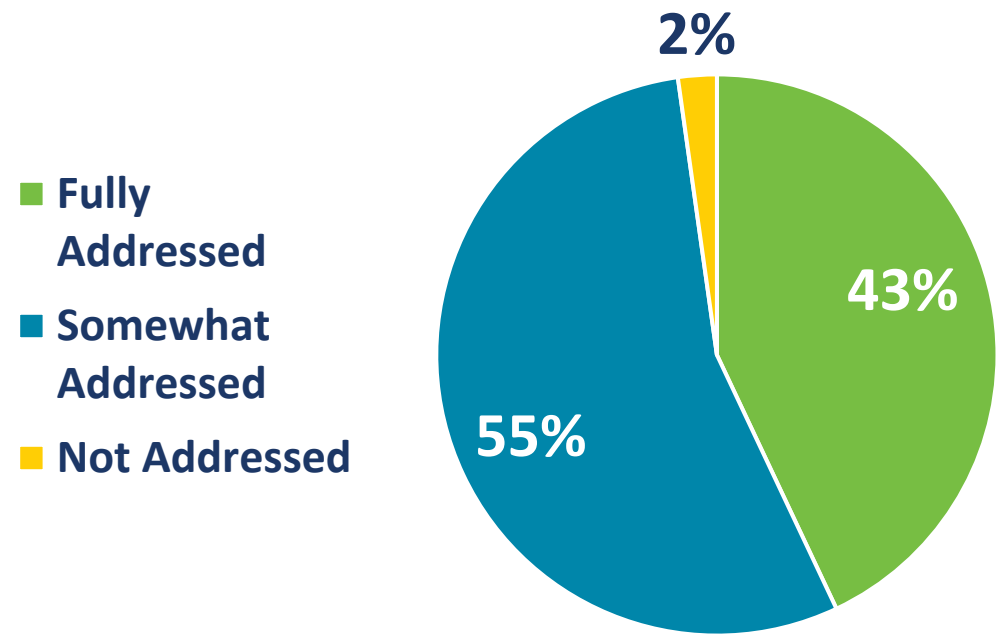
**Number of PSUs reflected in the chart.*

Stakeholder Engagement

Q86 - In addition to school personnel, which of the following stakeholders are engaged in your goal of building school, family, and community partnerships to create and sustain coordinated mental and social-emotional health and substance use supports and services for students? (Select all that apply.)



Q87 - To what extent did your PSU address engaging stakeholders in your goal of building school, family, and community partnerships to create and sustain coordinated mental and social-emotional health and substance use supports and services for students in the 2022-2023 school year?



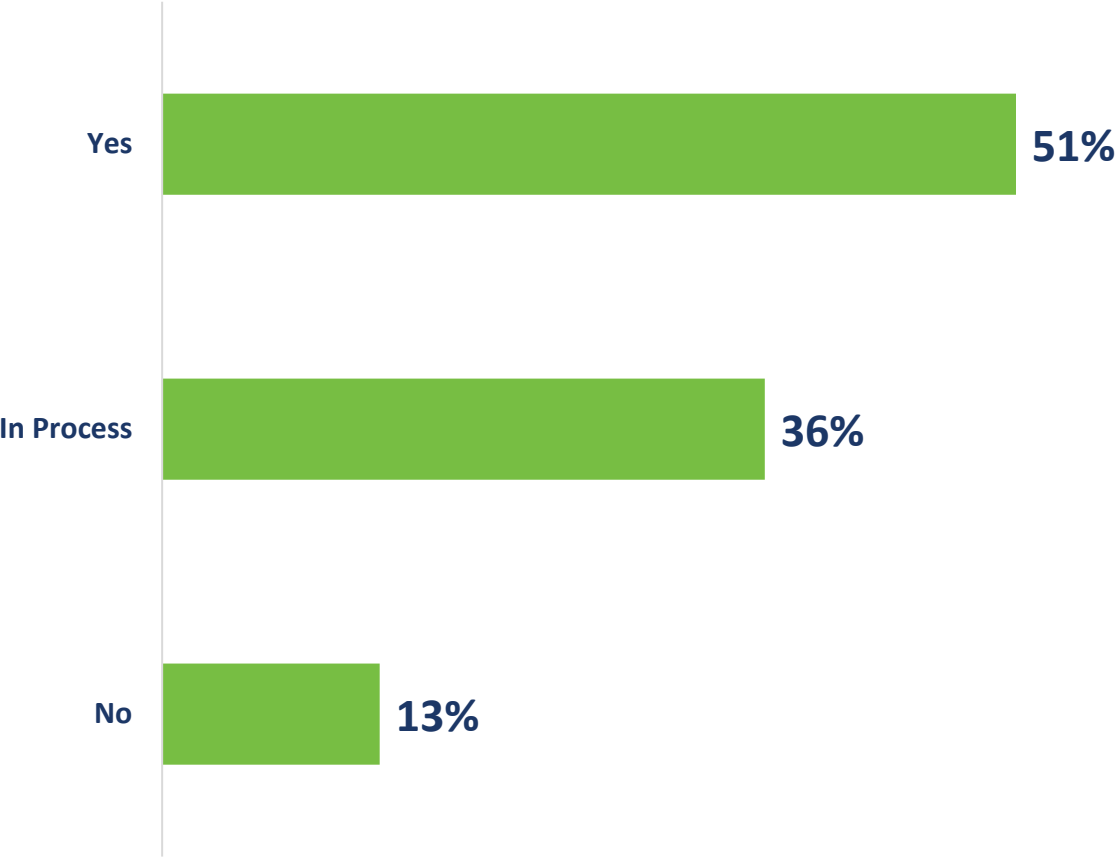
Stakeholder Engagement Trends

Stakeholders Engaged	Year 1 (2021)	Year 2 (2022)	Year 3 (2023)
Students	238	245	250
Families	275	285	277
Community Service Providers	276	282	274
County/City Agencies	177	196	197
Faith-Based Organizations	137	142	144
Professional Associations	87	104	110
University/College	88	108	114
Other	21	18	19

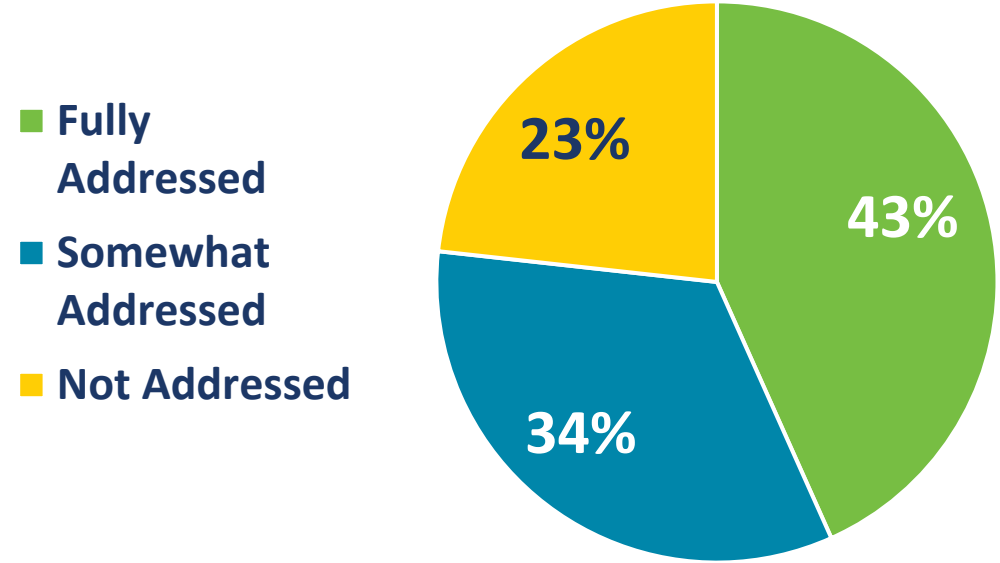
**Number of PSUs reflected in the chart.*

Signs of Abuse Posters

Q91 - Do you have a signs of abuse display in a high traffic area of every school that has grades 6-12?

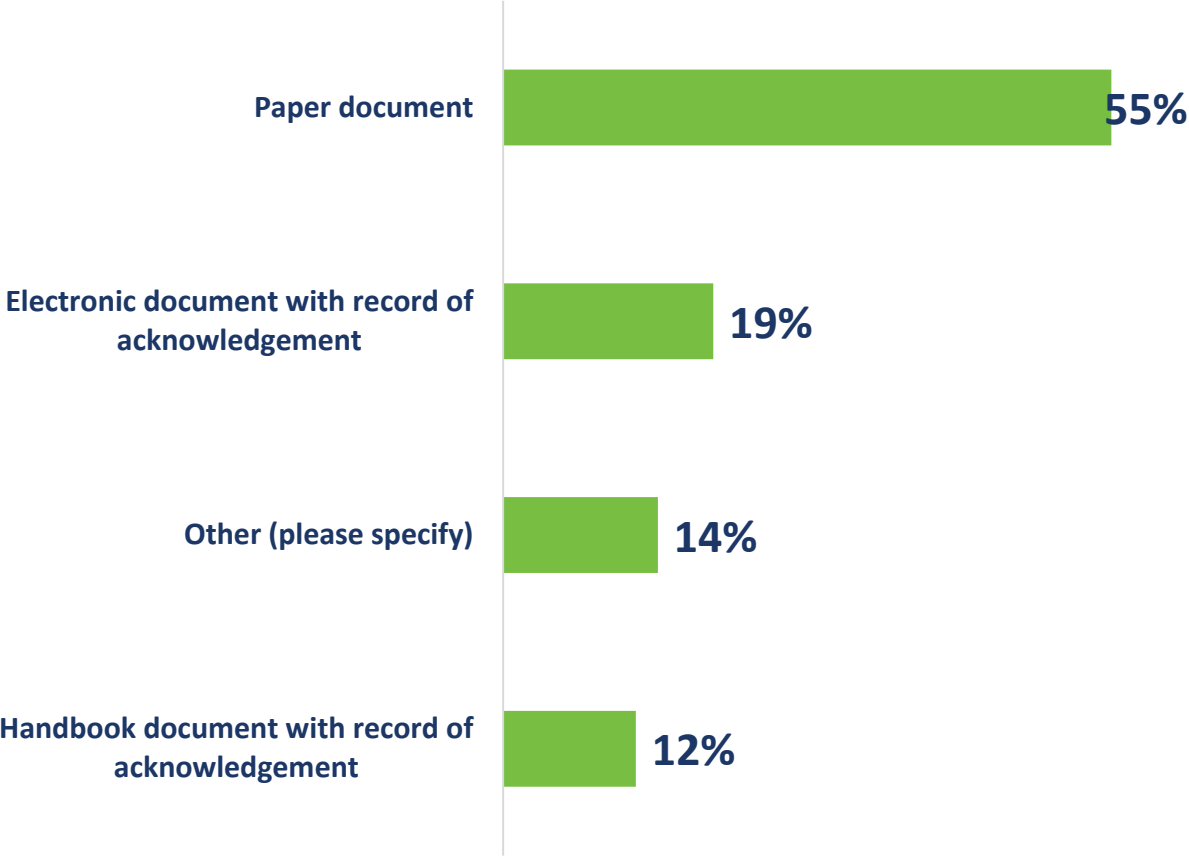


Q92 - To what extent did your PSU address displaying signs of abuse in a high traffic area of all 6–12 schools in the 2022-2023 school year?

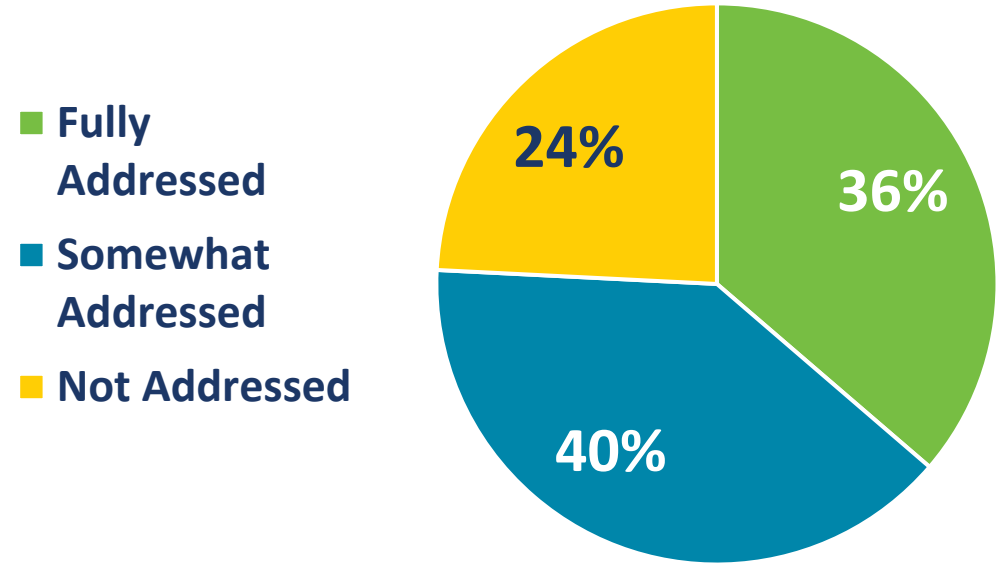


Signs of Abuse Posters

Q94 - How do you plan to distribute the signs of abuse document to students in grades 6-12? (Select all that apply.)



Q95 - To what extent did your PSU address providing a document to all students in 6–12 schools in the 2022-2023 school year?



Technical Assistance and Supports

Process

- Review
- Intensive Review
- Feedback
- Professional Development
- Reminders between May and September 15th

Follow-Up Determinants

- No plan
- Missing components
- No action items
- No suicide risk referral protocol
- Training compliance
- Request for help

SMH Plan Rating System

4	Exceeded Compliance Expectations	• Model Plans • Detailed • Not missing anything
3	Met Compliance Expectations	• Met requirements, but could improve • Data unclear • Mentioned SRP but didn't link, or link didn't work
2	Nearly Met Compliance Expectations	• Missing part of requirements • Submitted PSU but missing SRP or training plan • Used other template, missing things
1	Did Not Meet Compliance Expectations	• Submitted only SRP or training plan • Completely different template, missing most information

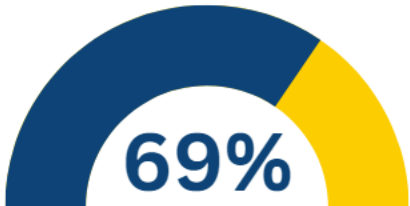
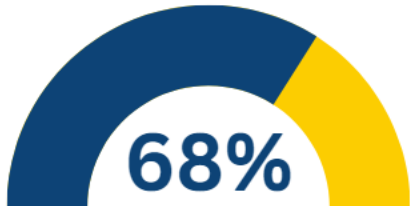
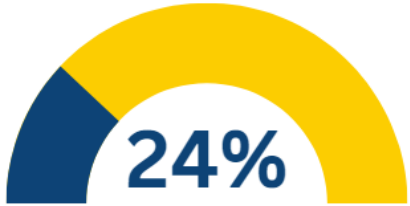
Comparing Ratings- LEAs

	2022	2023	Difference
4	12	25	+13
3	30	37	+7
2	43	41	-2
1	23	12	-11
N/A	7	0	-7

Comparing Ratings- Charters/Labs

	2022	2023	Difference
4	2	21	+19
3	36	39	+3
2	115	126	+11
1	45	30	-15
N/A	16	2	-14

Specialized Instructional Support Personnel Ratios

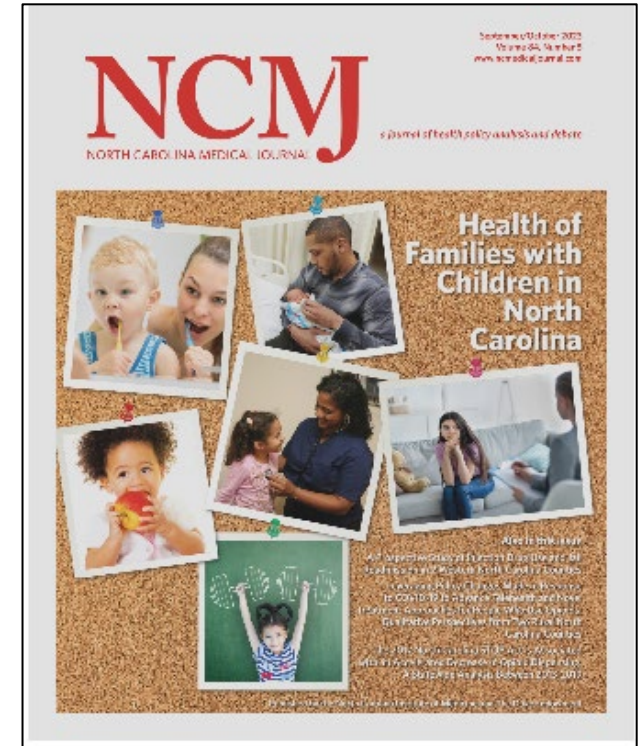
School Counselors	2021	1:335	Recommended	1:250	
	2022	1:361			
School Nurses	2021	1:890	Recommended	1 per school	
	2022	1:833			
School Social Workers	2021	1:1,025	Recommended	1:250	
	2022	1:1,033			
School Psychologists	2021	1:1,815	Recommended	1:500	
	2022	1:1,979			

SISP Benefits: A School-based Solution

- Graduation Rates
- Time Teachers Spend on Instruction
- Reading and Math Achievement
- School Safety
- Access to Medical and Mental Health Services



- Chronic Absenteeism
- Physical Aggression
- Substance Use
- Teacher Turnover



[NC Medical Journal](#)

Challenges

- NC is 47th in the nation in per pupil spending.
- NC is 42nd in the nation in meeting mental health needs of youth.
- School Social Workers not paid for advanced degrees
- School Psychology pipeline does not meet current needs
- School Nurses dealing with more students with complex medical needs
- School Counselors asked to fulfill inappropriate job duties



Whole School Whole Community Whole Child



Healthy Children Learn Better