

NORTH CAROLINA STATE BOARD OF EDUCATION
Policy Manual

| Item | Description |
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| Policy Title | Athletic Trainers |
| Policy Category | Athletics (ATHL) |
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| Statutory Reference | G.S. 115C-12(12) ; G.S. 115C-407.50; G.S. 115C-407.55; G.S. 115C-407.65 |
| Administrative Procedures Act (APA) | 16 NCAC 06E .0206 |

ATHLETIC TRAINERS

This policy sets forth requirements for public school units to designate an athletic trainer or first responder for athletic activities at schools under their jurisdiction.

- (a) Each public school unit must designate for each high school within its jurisdiction either a licensed athletic trainer who is qualified pursuant to Chapter 90, Article 34 of the General Statutes or a first responder. These persons may be employed on a full-time or part-time basis or may serve as a volunteer.
- (b) If not a licensed athletic trainer, a first responder shall:
 - (1) ~~have completed and continue to~~Complete and maintain certification in cardiopulmonary resuscitation as certified by an organization such as the American Red Cross or the American Heart Association;
 - (2) ~~have completed and continue to~~Complete and maintain certification in first aid as certified by an organization such as the American Red Cross or the American Heart Association;
 - (3) ~~have completed and continue to~~Complete and maintain training in concussion management as offered by an organization such as the National Federation of State High School Associations (“NFHS”);
 - (4) have completed and continue to maintain continuing education in injury prevention and management as offered by an organization such as the ~~National Federation of State High School Associations (NFHS);NFHS;~~ and

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- (5) ~~complete~~ Complete 10 hours total of staff development each school year specific to first aid and injury recognition and prevention. The 10 hours may include hours necessary for recertifications or renewals.
 - (c) The licensed athletic trainer or first responder shall not have concurrent coaching responsibilities during the time in which the person is working as a licensed athletic trainer or first responder.
 - (d) A licensed athletic trainer or first responder shall attend all football practices and games, unless excused by the superintendent due to emergency.
 - (e) Each PSU shall monitor school athletic trainer's or the first responder's compliance with this Rule.
 - (f) PSUs are encouraged to have a licensed athletic trainer or first responder available for all athletic events, practices, and activities in every sport at every middle, junior high, and high schools under the PSU's jurisdiction.