

NCDPI MIDDLE SCHOOL ATHLETIC MANUAL

2024 Summary of Major Revisions

The chart below is intended to provide a summary of significant changes and the effect of each change. There were other changes, not included in the chart, that were made for minor clarification or to create more consistency in format.

| Page/Section | Description | Effect of Change |
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| Cover Page | Change to Cover Page: Update to July 2024 | Change reflects new academic/athletic year and will match the footer on all pages |
| Page 2 | Update Revised date to July 2024 | Change shows the most recent update of the manual |
| Page 3 Contents | Edit/Addition Page numbers adjusted | New sections listed Corrected page numbers for the 2024 Manual |
| Page 4 Foreword | Addition The Superintendent shall be responsible for general oversight of interscholastic athletic activities at participating middle and junior high schools. Public school units shall apply and enforce the requirements of this Section for participating middle and junior high schools under their jurisdiction. | Included as part of new Board Policy ATHL-002 |
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| <p>Page 5</p> <p>State Board of Education Regulations</p> <p>NC Administrative Codes</p> | <p>Moved due to the addition of several new administrative codes, new section created at end of manual</p> | <p>Administrative codes governing athletics available in manual</p> |
| <p>Page 10</p> <p>Middle/Junior High School Athletic Eligibility</p> | <p>Addition</p> <p><u>A student in grade 6 – 12 shall not participate in interscholastic athletics on behalf of a North Carolina public school unless the student has satisfied the eligibility requirements set forth in this Policy. Public School Units are authorized to determine whether and to what extent students under their jurisdiction may participate in interscholastic athletics, not inconsistent with the requirements of this Rule.</u></p> | <p>Included as part of new Board Policy ATHL-005</p> |
| <p>Page 10</p> <p>Academics / Scholastic Requirements</p> | <p>Edit/Addition</p> <ol style="list-style-type: none"> In grades six, seven and eight, the student must pass at least one less course than the number of required core courses each semester and meet promotion standards established by the LEA. <u>70 percent of the courses taken in the preceding semester.</u> <u>The student is making sufficient progress toward meeting the academic and curricular requirements of the PSU and the State Board of Education to be</u> | <p>Edits made to comply with new Board Policy ATHL-005</p> |

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| | <p><u>promoted to the next grade level or to graduate within the next calendar year.</u></p> <p>23. If an athlete-student is "academically eligible" or "academically ineligible" at the beginning of any semester, that status is retained throughout the full semester.</p> <p>6. <u>For the purpose of determining good academic standing during the fall semester, a student may count courses that the student passed in a summer school session in which the student was enrolled during the same calendar year toward the total number of courses passed in the preceding spring semester, provided that summer school courses shall not affect the total number of courses attempted in the preceding spring semester.</u></p> | |
| <p>Page 11</p> <p>Age <u>Requirements</u></p> | <p>Edit</p> <p>1. The principal must have evidence of the legal birth date of the student. <u>Each PSU shall determine the age of a student participating in interscholastic athletics based on a preponderance of the evidence known to the PSU.</u></p> <p>2. A student shall not participate on a sixth, seventh or eighth grade team <u>middle school team</u> if the student becomes 15 years of age on or before August 31 of that school year.</p> <p>3. A student shall not participate on a ninth grade junior high school team if the student becomes 16 years of age on or before August 31 of that school year.</p> | <p>Edits made to comply with new Board Policy ATHL-005</p> |

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| <p>Page 11</p> <p>Attendance</p> | <p>Edit</p> <p>1. A player must meet the LEA attendance policy during the previous semester. The student must have attended at least 85 percent of the total number of instructional days in the PSU during the previous semester;</p> | <p>Edits made to comply with new Board Policy ATHL-005</p> |
| <p>Page 12</p> <p><u>Biological Requirements</u></p> | <p>Addition</p> <p><u>All students participating in interscholastic athletics shall comply with the biological participation requirements as provided in G.S. 115C-407.59.</u></p> | <p>Included as part of new Board Policy ATHL-005</p> |
| <p>Page 12</p> <p>Eligibility Lists</p> | <p>Edit</p> <p>1. Each PSU shall require the principal of a <u>participating</u> school that participates in interscholastic athletics to sign and date a list of eligible students for each sport.</p> | <p>Edits made to comply with new Board Policy ATHL-005</p> |
| <p>Page 13</p> <p><u>Enrollment Requirements</u></p> | <p>Addition</p> <p>1. <u>A student who attends a school supervised by a local board of education shall only participate in interscholastic athletics on behalf of the school to which the student is assigned under G.S. 115C-366.</u></p> | <p>Included as part of new Board Policy ATHL-005</p> |

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| | <p><u>2. A student enrolled in a charter school, regional statewide public school, or school operated by the University of North Carolina shall meet all the enrollment criteria for that school and attend that school.</u></p> <p><u>3. A student who attends a school described in this Subparagraph shall not participate in interscholastic athletics on behalf of that school unless the student's primary residence is within either:</u></p> <p style="padding-left: 40px;"><u>a. the county in which the school is located, or</u></p> <p style="padding-left: 40px;"><u>b. twenty-five (25) miles of the school as determined by an administering organization.</u></p> <p><u>4. A local board of education may by policy allow a person who is enrolled in Grade 6 through 12 in a home school, as defined in G.S. 115C-563(a), and whose primary residence is within the board's jurisdiction to participate in interscholastic athletics on behalf of a participating school under the board's jurisdiction, provided that the board either agrees to cover any such person whom it allows to participate under its catastrophic athletic accident insurance policy or verifies that the person is independently covered by catastrophic accident insurance.</u></p> | |
| <p>Page 13</p> <p><u>Felony Policy</u></p> | <p>Edit</p> <p>Any student who is subject to the Middle School six semester rule who:</p> <p style="padding-left: 40px;">1. is convicted of a crime classified as a felony under North Carolina or federal law; or <u>A student shall not participate in interscholastic athletics after</u></p> | <p>Edits made to comply with new Board Policy ATHL-005</p> |

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| | <p><u>pleading guilty or “no contest” to, or being convicted of, a felony under the laws of North Carolina, the United States, or any other state.</u></p> <p>2. is adjudicated delinquent for an offense that would be a felony if committed by an adult, is not eligible to participate in the North Carolina Middle School Athletic sports program. Prior to deeming the student ineligible, an administering organization shall receive a certified copy of a criminal record reflecting the conviction and verify that the student is the same individual identified in the criminal record.</p> | |
| <p>Page 14</p> <p><u>Name, Image, or Likeness (NIL)</u></p> | <p>Addition</p> <p><u>As used in this Rule, the phrase “name, image, or likeness” or “NIL” shall refer to the use of a student’s name, image, or likeness for commercial purposes and in exchange for compensation to the student. Compensation may include cash, in-kind gifts, or other tangible benefits to the student.</u></p> <p><u>1. No student participating in interscholastic athletics shall enter into any agreement to use the student’s name, image, or likeness in any of the following ways:</u></p> <ul style="list-style-type: none"> <u>a. Public appearances or commercials.</u> <u>b. Autograph signings.</u> <u>c. Athletic camps and clinics.</u> <u>d. Sale of non-fungible tokens (“NFTs”).</u> <u>e. Product or service endorsements.</u> | <p>Included as part of new Board policy ATHL-008</p> |

- f. Promotional activities, including in-person events and social media advertisements.
- 2. A student shall not participate in interscholastic athletics after any of the following:
 - a. Graduation from high school, except that the student may continue to participate in playoff and state championship contests in spring sports after graduation;
 - b. Signing a professional athletic contract, except that the student may continue to participate in any sport for which the student has not signed a professional contract.
 - c. Receiving remuneration as a participant in an athletic contest, except that the student may accept a gift, merchandise, or other thing of value, provided that:
 - 1. The value does not exceed two hundred-fifty dollars (\$250.00) per student per season;
 - 2. The item is totally consumable and nontransferable, or labeled in a permanent manner (e.g., an engraved or monogrammed item); and
 - 3. The item is approved by the principal of the student's school and the local superintendent.
- 3. Participating on an all-star team or in all-star game or bowl game that is not sanctioned by the administering

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| | <p><u>organization of which the student’s school is a member, provided that the student shall be ineligible only for that sport.</u></p> <p>4. <u>A student shall not be deemed ineligible under this Rule for payment by an administering organization, PSU, or athletic booster club affiliated with the student’s school or PSU for essential expenses arising from a specific interscholastic athletic contest in which the student participates. Essential expenses shall include the reasonable cost of meals, lodging, and transportation.</u></p> <p>5. <u>A student shall not be deemed ineligible under this Rule for receipt of a nominal, standard fee or salary for instructing, supervising, or officiating an organized youth sports program, recreational activities, playground, or camp, whether or not affiliated with a PSU.</u></p> | |
| <p>Page 15</p> <p>Promotion</p> | <p>Edit</p> <p>Promotion is defined as progressing to the next grade <u>the student is making sufficient progress toward meeting the academic and curricular requirements of the PSU and the State Board of Education to be promoted to the next grade level or to graduate within the next calendar year.</u></p> <ol style="list-style-type: none"> 1. In grades six, seven and eight, the student must meet state and local promotion standards each semester. This includes all academic requirements listed in this manual. 2. Regardless of the school organization pattern, a student who is promoted from the fifth grade <u>Grade 5 to the sixth grade automatically meets the courses</u> | <p>Edits made to comply with new Board policy ATHL-005</p> |

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| | <p>passed requirement for Grade 6 shall be deemed to have satisfied the requirements set forth to participate in the first semester of the sixth grade of Grade 6.</p> | |
| <p>Page 16</p> <p><u>Residency Requirements</u></p> | <p>Addition</p> <p>The student must meet the residence criteria of G.S. 115C-366(a).</p> <ol style="list-style-type: none"> 1. The student may participate only at the school to which the student is assigned by the LEA. 2. Transfers within the same administrative unit may be governed by the local Board of Education policy. 3. A student transferred from one administrative unit to another by mutual agreement, as provided in G.S.115C 366.1 (F), is immediately eligible for athletic participation in the receiving unit. <p><u>For purposes of this Rule, a student's primary residence shall be determined as follows:</u></p> <ol style="list-style-type: none"> <u>1. If the student lives with both parents, the residence of both parents.</u> <u>2. If the student lives with a single parent, the residence of that parent.</u> <u>3. If the student's parents are separated or divorced, the residence of the parent to whom a court of competent jurisdiction has awarded primary custody of the student. If no custody order has been entered, the student's primary residence shall be deemed to be that at which the student is residing more than half-time at the beginning of the school year.</u> | <p>Included as part of new Board policy ATHL-005</p> |

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| | <p>4. <u>If a student lives with an individual to whom a court of competent jurisdiction has awarded legal guardianship of the student, the residence of that individual.</u></p> <p>5. <u>If a student has been emancipated in accordance with Chapter 7B, Article 35 of the General Statutes, the student's residence at the time of emancipation.</u></p> <p>6. <u>If a student is a foreign national participating in a foreign exchange program authorized by federal and state law, the residence to which the student is assigned by the program or host PSU.</u></p> | |
| <p>Page 16</p> <p>Semester Rule</p> | <p>Edit</p> <p>1. No student may<u>shall</u> be eligible to participate at the middle school level for a period lasting longer <u>no more</u> than six (6) consecutive semesters, beginning with the student's entry into sixth grade <u>Grade 6</u>.</p> | Edits made to comply with new Board policy ATHL-005 |
| <p>Page 16</p> <p>Sports Pre-participation and Medical Examination Form</p> | <p>Edit</p> <p>In order to <u>To</u> be eligible to for practice or participation <u>participate</u> in any interscholastic athletics contests:</p> <p>1. The <u>A</u> student must <u>shall</u> receive a medical examination once every 395 days by a duly licensed physician, nurse practitioner, or physician assistant, subject to the provisions of G.S. 90-9.1, 90-18.1, and 90-18.2 <u>Chapter 90 of the General Statutes</u>.</p> | Edits made to comply with new Board policy ATHL-005 |

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| <p>Page 17</p> <p><u>Transfer Requirements</u></p> | <p>Moved</p> <p><u>The student must meet the residence criteria of G.S. 115C-366(a).</u></p> <ol style="list-style-type: none"> <u>1. The student may participate only at the school to which the student is assigned by the LEA.</u> <u>2. Transfers within the same administrative unit may be governed by the local Board of Education policy.</u> <u>3. A student transferred from one administrative unit to another by mutual agreement, as provided in G.S.115C-366.1 (F), is immediately eligible for athletic participation in the receiving unit.</u> | <p>Current rules moved to the newly created section to match terminology in new Board policy ATHL-005</p> |
| <p>Page 17</p> <p>Hardships</p> | <p>Edit/Additions</p> <p>The local Board of Education or the Conference of which the school is a member shall have the authority, A PSU may waive any student participation rule as applied to a specific student enrolled at a middle or junior high school under the jurisdiction of the PSU, in accordance with Rule .0207, Paragraph (k), in response to a request of the principal of the school, to set aside the effect of any (other than 6th grade participation in tackle football) eligibility rule upon the individual student when, in its opinion, the rule fails to accomplish the purpose for which the rule is intended or when the rule works undue hardship upon the student. if it finds that enforcing the requirement:</p> | <p>Changes made to match new Board Policies ATHL-002 & ATHL-005</p> |

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| | <ol style="list-style-type: none"> <u>1. Fails to promote academic progress, health, safety, and fair play;</u> <u>2. Works an undue hardship on a student who has lost eligibility due to circumstances that made participation impossible, such as prolonged illness or injury; or</u> <u>3. Prevents the reasonable accommodation of a student's disability, as required by the Americans with 16 Disabilities Act, 42 U.S.C. § 12101 et seq.</u> <u>4. Sixth grade participation in tackle football is not eligible for appeal.</u> <u>5. A student, or the student's parent, may appeal a PSU's decision regarding the student's eligibility under ATHL-005 to the Interscholastic Athletics Appeals Board in accordance with ATHL-010. Nothing in this manual or SBE policy, however, shall be construed as restricting a PSU's authority to limit student participation in extracurricular activities, including interscholastic athletics, in accordance with policies adopted by the local board of education under G.S. 115C-47(4).</u> | |
| <p>Page 19</p> <p>Sports Pre-participation and Medical Examination Form</p> | <p>4. If an athlete <u>student</u> misses five (5) or more consecutive days of practice due to injury or illness, they must participate in at least three (3) separate days of practice before returning to competition.</p> | <p>Wording changed for consistency</p> |

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| <p>Page 19</p> <p>Gfeller Waller Concussion Awareness</p> | <p>Edit/Additions</p> <p>The Gfeller Waller Concussion Awareness Act, implemented to protect the safety of student athletes in North Carolina, was signed into law on July 16, 2011. To maintain compliance:</p> <ol style="list-style-type: none"> 1. Student athletes will be provided with the Gfeller Waller NCHSAA Student Athlete & Parent/Legal Guardian Concussion Information Sheet. 2. Students shall read, initial, sign, and return the Student Athlete & Parent/Legal Guardian Concussion Information Sheet. 3. Parent/Legal Guardians will be provided with the Gfeller Waller NCHSAA Student Athlete & Parent/Legal Guardian Concussion Information Sheet. 4. Parent/Legal Guardians shall read, initial, sign, and return the Student Athlete & Parent/Legal Guardian Concussion Information Sheet. 5. School Representatives (parent/coach/volunteer/school nurse/athletic directors/ first responders) will be provided with the Gfeller Waller NCHSAA School & Athletic Personnel Concussion Information Sheet. 6. All above adults shall read, initial and return the Gfeller Waller NCHSAA School & Athletic Personnel Concussion Information Sheet. | <p>Changes made to match new Board Policy ATHL-003</p> |
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~~(It is at the discretion of each educational institution to identify who will distribute, collect, and maintain the above forms.)~~

For purposes of this Rule, a concussion is defined as a traumatic brain injury caused by a direct or indirect impact to the head that results in disruption of normal brain function, which may or may not result in loss of consciousness.

1. An administering organization shall, on an annual basis, provide a concussion and head injury information sheet to all coaches, school nurses, athletic directors, first responders, volunteers, students who participate in interscholastic athletic activities, and the parents or legal guardians of those students. The information shall include:
 - a. The definitions and symptoms of concussions and head injuries;
 - b. A description of the physiology and the potential short-term and long-term effects of concussions and other head injuries;
 - c. The medical return-to-play protocol for post-concussion participation in interscholastic athletic activities; and
 - d. Any other information deemed necessary by the PSU.
2. School employees, first responders, volunteers, and students shall sign the information sheet and return it to the coach before participating in

interscholastic athletic activities, including tryouts, practices, or competition.

3. Parents shall sign the information sheet and return it to the coach before a child may participate in any such interscholastic athletic activities.

4. The PSU shall maintain a copy of the signed sheets in the principal's office and the office of the superintendent.

~~7. Emergency Action Plan:~~

~~Each school shall have a venue specific Emergency Action Plan (EAP) that follows the specifications outlined in the EAP guidelines on the website.~~

~~This plan should be:~~

~~a. in writing,~~

~~b. reviewed by an athletic trainer licensed in North Carolina,~~

~~c. approved by the principal of the school,~~

~~d. distributed to all appropriate personnel,~~

~~e. posted conspicuously at all venues, and~~

~~f. reviewed and rehearsed annually by all licensed athletic trainers, first responders, coaches, school nurses, athletic directors, and volunteers for interscholastic athletic activities.~~

~~8. Each school should maintain documentation that it is in compliance with the law.~~

When an injury occurs:

1. ~~Concussion: If a student-athlete participating in an interscholastic athletic activity~~ exhibits signs ~~and or~~ symptoms consistent with a concussion (even if not formally diagnosed), the student-athlete is to be removed from ~~play the activity at the time~~ and ~~is shall~~ not ~~be~~ allowed to return to play ~~(game, or practice, or conditioning)~~ ~~on~~ that day.
2. Student-athletes are encouraged to report their own symptoms, or to report if peers may have concussion symptoms. Coaches, parents, volunteers, first responders, school nurses, licensed athletic trainers (if available), are responsible for removing a student-athlete from play if they suspect a concussion.
3. ~~Following the injury, the student athlete should be evaluated by a qualified medical professional with training in concussion management. It is strongly recommended that each institution seek qualified medical professionals in the surrounding community to serve as resources in the area of concussion management.~~
3. A student removed from play for exhibiting signs or symptoms consistent with concussion shall not return to play or practice on a subsequent day until the student is evaluated by and receives written clearance for such participation from one of the following:
 - a. A physician licensed under Chapter 90, Article 1 of the General Statutes with training in concussion management;

- b. (2) A neuropsychologist licensed under Chapter 90, Article 18A of the General Statutes with training in concussion management and working in consultation with a physician licensed under Chapter 90, Article 34 of the General Statutes;
- c. An athletic trainer licensed under Chapter 90, Article 34 of the General Statutes;
- d. A physician assistant, consistent with the limitations of G.S. 90-18.1; or
- e. A nurse practitioner, consistent with the limitations of G.S. 90-18.2.

4. Any student athlete who suffers a head injury that results in a concussion or ANY symptoms associated with a concussion must submit to his/her coach or athletic director a completed and signed NCHSAA Concussion Return to Play Form before resuming any athletic activities.

Emergency Action Plan:

~~Each school shall have a venue specific Emergency Action Plan (EAP) that follows the specifications outlined in the EAP guidelines on the website. Each participating school shall develop a venue-specific emergency action plan to deal with serious injuries and acute medical conditions in which the condition of the patient may deteriorate rapidly. The plan must be:~~

~~This plan should be:~~

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| | <p>a1. in writing;</p> <p>b2. reviewed by an athletic trainer licensed in North Carolina, <u>under Chapter 90, Article of the General Statutes</u>;</p> <p>e3. approved by the principal of the school;</p> <p>e4. distributed to all appropriate personnel;</p> <p>e5. posted conspicuously <u>for community and parental awareness</u> at all <u>athletic-sponsored</u> venues; and</p> <p>f6. reviewed and rehearsed annually by all licensed athletic trainers, first responders, coaches, school nurses, athletic directors, and volunteers for interscholastic athletic activities.</p> <p><u>Each participating school’s emergency management plan shall include:</u></p> <ol style="list-style-type: none"> <u>1. A delineation of roles;</u> <u>2. Methods of communication;</u> <u>3. Available emergency equipment; and</u> <u>4. Access to and plan for emergency transport.</u> <p><u>Each school shall maintain complete and accurate records of its compliance with the requirements of this Rule.</u></p> | |
| <p>Page 22</p> <p>Inclement/Hot Weather Guidelines for Outdoor Sports</p> | <p>Addition</p> <p>All outdoor sports should follow the Inclement/Hot Weather/<u>Lightning</u> Guidelines found at:</p> <p>https://www.nchsaa.org/handbook</p> | <p>Provide clarification that middle schools should follow NCHSAA guidelines for lightning</p> |

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| | These guidelines are reviewed/revised annually by the Sports Medicine Advisory Committee of the NCHSAA. | |
| Page 24 General Rules and Regulations Governed by the State Board of Education | Addition The Superintendent shall be responsible for general oversight of interscholastic athletic activities at participating middle and junior high schools. Public school units shall apply and enforce the requirements of this Section for participating middle and junior high schools under their jurisdiction. | Included as part of new Board Policy ATHL-002 |
| Page 28 <u>Recruiting and Undue Influence</u> | Addition <u>No student, coach, professional educator, or other employee of a PSU or administering organization shall subject a student to undue influence by any other student, coach, principal, local superintendent, or other PSU employee for the purpose of inducing or causing the student to transfer from one participating school to another to participate in interscholastic athletics on behalf of the receiving school.</u> <u>1. For purposes of this Rule, “undue influence” means communication or conduct undertaken for the purpose and intent of soliciting or encouraging a student to enroll in a participating school, including the following:</u> <u>a. Initiating or arranging communication or contact in any form, including letters,</u> | New section added to match new Board policy ATHL-009 |

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| | <p><u>email, or phone calls, with the student or a member of the student's family.</u></p> <p>b. <u>Visiting or entertaining the student or a member of the student's family.</u></p> <p>c. <u>Providing or arranging for transportation for the student or member of the student's family to visit a participating school or meet with anyone associated with the participating school.</u></p> <p>d. <u>Communicating to a student or a member of the student's family, either implicitly or explicitly, that a participating school's athletic program or sports team is superior to that of another participating school, or that it would be advantageous for the student to participate in athletics at a specific participating school. Such communication may be oral, written, or audiovisual in format.</u></p> <p>2. <u>A party alleging undue influence shall direct the initial inquiry or report to the appropriate administering organization in accordance with the procedures adopted by the administering organization. The party alleging undue influence bears the burden of proving undue influence by a preponderance of the evidence.</u></p> <p>3. <u>If the administering organization finds by a preponderance of the evidence that the accused party has engaged in undue influence, the</u></p> | |
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| | <p><u>administering organization shall impose penalties consistent with its regulations and with penalty rules contained in this manual.</u></p> | |
| <p>Page 30</p> <p>Skill Development Sessions</p> | <p>Edit/Addition</p> <p>Any individual who coaches at a middle school, head or assistant, paid or non-paid, faculty or non-faculty, parent volunteer, etc., must abide by the skill development, out of season workout rules.</p> <p>13. If a <u>middle school</u> coach, regardless of the sport (basketball, soccer, etc.) he or she coaches at the middle school, also coaches a “non-school” or “club team” during the sports season or outside the sports season but during the school year, whether head or assistant, and has any students from the middle school on that outside team, he or she must abide by the numbers restrictions, one less than a team (see below) in an out-of-season workout.</p> <p><u>14. Coaches coaching an outside team either during the sports season or outside the sports season, but during the school year (basketball, soccer, etc.), must still abide by the numbers restrictions, one less than a team. (see below).</u></p> | <p>Provides clarification for skill development sessions</p> |

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| <p>Page 31</p> <p>Sports Seasons</p> | <p>Addition</p> <p><u>No student shall participate in more than one season of interscholastic athletics per year in the same sport, regardless of the school on behalf of which the student participated.</u></p> | <p>Included as part of new Board policy ATHL-005</p> |
| <p>Page 50</p> <p>Wrestling</p> | <p>Edit</p> <p><u>Weight Classifications</u></p> <p>For both middle and junior high schools the weight classes are as follows:</p> <p>76, 83, 90, 98, 106, 113, 120, 126, 132, 138, 145<u>144</u>, 152<u>150</u>, 160 <u>157</u>, 170<u>165</u>, 182<u>175</u>, 195<u>190</u>, 220<u>215</u>, and <u>heavyweight</u>.</p> <p>10. The maximum weight for the heavy weight contestants will be 250 pounds.</p> | <p>Change made to follow NFHS guidelines for weight classifications</p> |
| <p>Page 51</p> <p>Wrestling</p> | <p>Edit</p> <p>No wrestler may represent his/her school in more than one (1) weight class in any meet or compete in more than four (4) full-length matches in a <u>post season championship</u> tournament or championship play in any one (1) day.</p> | <p>Clarification of rule</p> |

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| <p>Page 51</p> <p>Wrestling</p> | <p>Edit</p> <p>22. A minimum of forty five (45) <u>thirty (30)</u> minutes of rest between matches shall be observed.</p> | <p>Change made to follow NFHS Guidelines</p> |
| <p>Page 52</p> <p>Penalty for Ejection</p> | <p>Edit</p> <p>ATHL-004 Penalty Rules</p> <p>This policy sets forth minimum rules and requirements for penalties imposed by an administering organization for violation of the rules or policies on interscholastic athletics adopted by the State Board of Education (“SBE”). An administering organization may adopt additional penalty rules not inconsistent with the requirements of this Policy.</p> <p><u>1. Any A PSU shall impose at least the following penalties on a athlete student, coach, or school official in grades 6 through 12 who is ejected from any an interscholastic athletic contest; shall be penalized as follows:</u></p> <p>1a. <u>a.</u> for the first offense, the person shall be reprimanded and suspended from participating in the next game; at that level of play (varsity or junior varsity);</p> <p>2b. <u>b.</u> for a second offense, the person shall be placed on probation and suspended from participating in the next two games; at that level of play (varsity or junior varsity);</p> <p>3c. <u>c.</u> for a third offense, the person shall be suspended <u>from participation in interscholastic athletics</u> for one calendar year.</p> <p>4d. <u>d.</u> a coach who is suspended shall not coach any team for any grade level during the period of suspension.</p> | <p>Edits made to comply with new Board policy ATHL-004</p> |

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| | <p><u>2.</u> Penalties are cumulative from sport to sport and from sport season to sport season.</p> <p><u>3.</u> If no member of the school's coaching staff is present to assume an ejected coach's duties, the contest shall be terminated by a forfeit.</p> <p><u>4.</u> <u>The PSU that has jurisdiction over a participating school may impose penalties in addition to those required by an administering organization.</u></p> | |
| <p>Page 52</p> <p><u>Recommendation for Additional Ejection Penalties</u></p> | <p>Edit</p> <p>The LEA which has jurisdiction over the school may impose additional penalties.</p> <p>LEAs or conferences that adopt additional penalties should have penalties published prior to the first game in the first sport of the school year.</p> <p>Officials should be instructed to notify the principal of the school from which an ejection has occurred for the following to be enforced.</p> | <p>Edits made to clarify rule in relation to new board policy ATHL-004</p> |
| <p>Page 55</p> <p><u>State Board of Education Regulations</u></p> | <p>Edit</p> <p><u>Realizing the need for acceptable standards for the operation of sound athletic programs on a statewide basis, county and city superintendents, principals, and coaches of the state devised and recommended minimum regulations for consideration by the North Carolina State Board of Education (SBE). The standards, "Regulations Governing Athletes," (page 17) were first adopted by the North Carolina SBE on</u></p> | <p>This section was previously at the beginning of the manual. Due to the number of new administrative codes, it has been moved</p> |

June 5, 1952. These regulations, which are kept up-to-date through frequent amendments, have been considered as minimum standards for each local administrative unit to abide by or surpass in its efforts to maintain the highest possible standards relative to its interscholastic athletic program.

NC State Board Policies

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