

# Superintendent's Report: Announcements

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November 8, 2022

# Public Health Update

# Marin Public Health Update

In this session, in addition to their monthly update on the pandemic status, Dr. Willis and Dr. Santora included important information about Mental Health and Social-Emotional Wellbeing beyond COVID.

- [Presentation](#)
- [Video](#)



# Prevention Education Opportunity

## Overdose Prevention Summit

November 15  
4 - 6 PM

[Register Here](#)



MARIN COUNTY  
OVERDOSE  
PREVENTION  
SUMMIT

*Help us define our  
2023 goals to end  
overdoses in Marin*



● [Register Here](#)  
[bit.ly/3yZmR60](https://bit.ly/3yZmR60)

Tuesday, November 15, 4-6 pm  
at Embassy Suites in San Rafael



# Prevention Education Opportunity

## Youth-Mental Health First Aid Virtual Training

Contact [cshields@marinschools.org](mailto:cshields@marinschools.org) for  
more information.



### Youth - Mental Health First Aid Virtual Training

Teaching Adults How to Help Adolescents

FREE one-day training available

Saturday, November 12<sup>th</sup>, 2022

9am – 3pm

Virtual

Youth

English only

This course is brought to you by:  
Marin County Behavioral Health and Recovery Services  
Marin County Office of Education  
Mental Health Services Act – Prevention and Early Intervention Funds

#### TRAINING REGISTRATION REQUIRED:

Participants are required to complete a two-hour self-paced online course  
one week before the virtual class

Please go to: <https://www.marinhhs.org/form/youth-mental-health-first-aid-training-teaching-adults-how-help-adolescents>

For assistance contact: Christine Shields at: [cshields@marinschools.org](mailto:cshields@marinschools.org) or 415-491-6644

**Course Description:** Youth Mental Health First Aid teaches you how to identify, understand and respond to signs of mental illness and substance use disorders in youth. This training gives adults who work with youth the skills they need to reach out and provide initial support to children and adolescents (ages 6-18) who may be developing a mental health or substance use problem and help connect them to the appropriate care.

**Who should attend?** Anyone can take the 8-hour Mental Health First Aid course – including first responders, teachers, leaders of faith communities, service providers, and caring citizens. **This course is not intended for trained mental health providers.**

**Someone you know could be experiencing a mental illness or crisis. You can help them.**

You are more likely to encounter someone – friend, family member, co-worker, neighbor, or member of the community – in an emotional or mental crisis than someone having a heart attack. Mental Health First Aid teaches a 5-step action plan to offer initial help to people with signs and symptoms of a mental illness or in a crisis, and connect them with the appropriate professional, peer, social, or self-help care.

[www.MentalHealthFirstAid.org](http://www.MentalHealthFirstAid.org)

Mental Health First Aid USA is coordinated by the National Council for Community Behavioral Healthcare, the Maryland Department of Health and Mental Hygiene, and the Missouri Department of Mental Health.



All public meetings and events sponsored or conducted by the County of Marin are held in accessible sites. Requests for accommodations may be made by calling (415) 473-4381 (Voice)/(415) 473-3252 (TTY) or by emailing at [dschiff@recess@marincounty.org](mailto:dschiff@recess@marincounty.org) at least four work days in advance of the event. Copies of documents are available in alternative formats, upon written request.

# Prevention Education Opportunity

## TALK SAVES LIVES: An Introduction to Suicide Prevention for Educators and Community Members

[Register Here](#)



### TALK SAVES LIVES

#### An Introduction to Suicide Prevention for Educators & Community Members

Suicide can be prevented. **Talk Saves Lives** is a presentation that will cover what we know about this leading cause of death, the most up-to-date research on prevention, and what we can all do to prevent suicide. Participants will learn the common risk factors for suicide, how to spot the warning signs in others, and how to keep ourselves, our loved ones and those in our community safe. We will also provide a session focused on the LGBTQ+ community, identifying risk factors and how to spot the warning signs in others.

All Sessions 3:00pm - 4:00pm

- Tuesday, November 15, 2022
- Tuesday, January 17, 2023
- Tuesday, March 21, 2023

[REGISTER HERE](#)

Session with LGBTQ+ Focus  
3:00pm - 4:00pm

Monday, November 21, 2022

[REGISTER HERE](#)

Tuesday, May 16, 2023

[REGISTER HERE](#)

All Sessions: Presented in English with Live Spanish Translation



American  
Foundation  
for Suicide  
Prevention



Wellness Collaborative



MARIN COUNTY  
OFFICE OF EDUCATION



MARIN HEALTH &  
HUMAN SERVICES  
www.marinhhhs.org



MARIN COUNTY  
SELPA

# Testing

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**CDPH** is continuing to provide no-cost, over-the-counter (OTC)/at-home COVID-19 rapid antigen tests for testing students and school staff.

**CDPH** encourages all students and staff to test for COVID-19 before they return to school following family and social gatherings during Thanksgiving/fall break AND winter break. Students and staff that test positive should stay home.

**Please note:** While at-home testing is not required, testing remains a critical safety measure to reduce the possibility of an early 2023 surge.

# Events for Parents



## Information for Incoming Families

### Elementary School (K-5) 9:00am-10:00am

-Lucas Valley Elementary School: 415-492-3730  
1175 Idylberry Rd., San Rafael, CA

-Mary E. Silveira Elementary School: 415-492-3741  
375 Blackstone Dr., San Rafael, CA

-Vallecito Elementary School: 415-492-3750  
50 Nova Albion Way, San Rafael, CA

### Middle School (Grades 6-8) 10:30a.m.

-Miller Creek Middle School: 415-492-3760  
2255 Las Gallinas Ave., San Rafael, CA

*Please Call Schools for More Information.*

Visitation Day is designed for new parents to the Miller Creek School District. It is recommended for adults only – no children please.



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1175 Idylberry Rd., San Rafael, CA

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## Information for 8th Grade Families

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# Terra Linda

[Presentation](#)

[Marin SEL Presentation](#)

Call the school to ask about  
tour dates



Information for 8th Grade Families

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# San Rafael High

[Presentation](#)

[Spanish Presentation](#)

Tour Video Link

## **8<sup>th</sup> Grade Parent Night #2**

**San Rafael High School**



**2023 DATE TBD in January**

[Check back on the website for the date.](#)

# Community Events

# Marin Communications Forum

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## Housing Element Approval and Beyond- What Happens After Approval?

## HOUSING FORUM

Thursday, November 17th-- online

Learn more about the Marin County Housing Element-a critical part of the Countywide Plan.

For 2023-2030, Marin must plan for at least **3,569** new housing units in unincorporated areas of the county over the next eight years and at least **1,734** must be designated as affordable to lower-income households.

Join to hear informative presentations and important community responses. There will be time for questions and comments during the session.

[Register HERE](#)

For more information or to register for this free event, email [Michelle@First5Marin.org](mailto:Michelle@First5Marin.org).

# Community Events

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Substitute Teacher Recruiting Fair  
Nov. 9  
11:30-1:30

One-Stop Registration  
Drop-In, no appointment needed



**Substitute  
Teacher  
Registration  
Fair**

November 9, 2022  
11:30 AM- 1:30PM  
Marin COE  
1111 Las Gallinas, San Rafael

Open to all interested in registering to substitute teach in Marin County. Application support, online training, and fingerprinting all in one spot!

For faster processing, bring your government issued ID, official bachelor's transcripts, basic skills information, & immunization record (including COVID)

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