

**Board Policy IEDA: Unstructured Break Time**

**Status:** ADOPTED

**Original Adopted Date:** 11/11/2004 | **Last Revised Date:** 04/18/2019 | **Last Reviewed Date:** 04/18/2019

**Board Policy**

**Descriptor Code: IEDA**

**Unstructured Break Time**

The Board allows the scheduling of unstructured break time for students in kindergarten and grades 1 through 5, but not for students in grades 6-8.

The school principal shall issue regulations regarding the timing and location of breaks at each school. In determining the schedule for unstructured break time for students, the principal shall consult with appropriate instructional personnel at the school and system level, as appropriate to ensure that break time does not interfere with and provides support for academic learning. The principal shall also issue directions or regulations concerning the responsibility of supervision of students so that break time will be a safe experience for them.

Breaks may be withheld from students for disciplinary or academic reasons if it is part of a local school discipline plan and prior notice of such is provided to the students/parents. Decisions to withhold break time shall not be inconsistent with any behavioral plan developed by the school for the student, including a Section 504 plan or an Individualized Education Plan (IEP).

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